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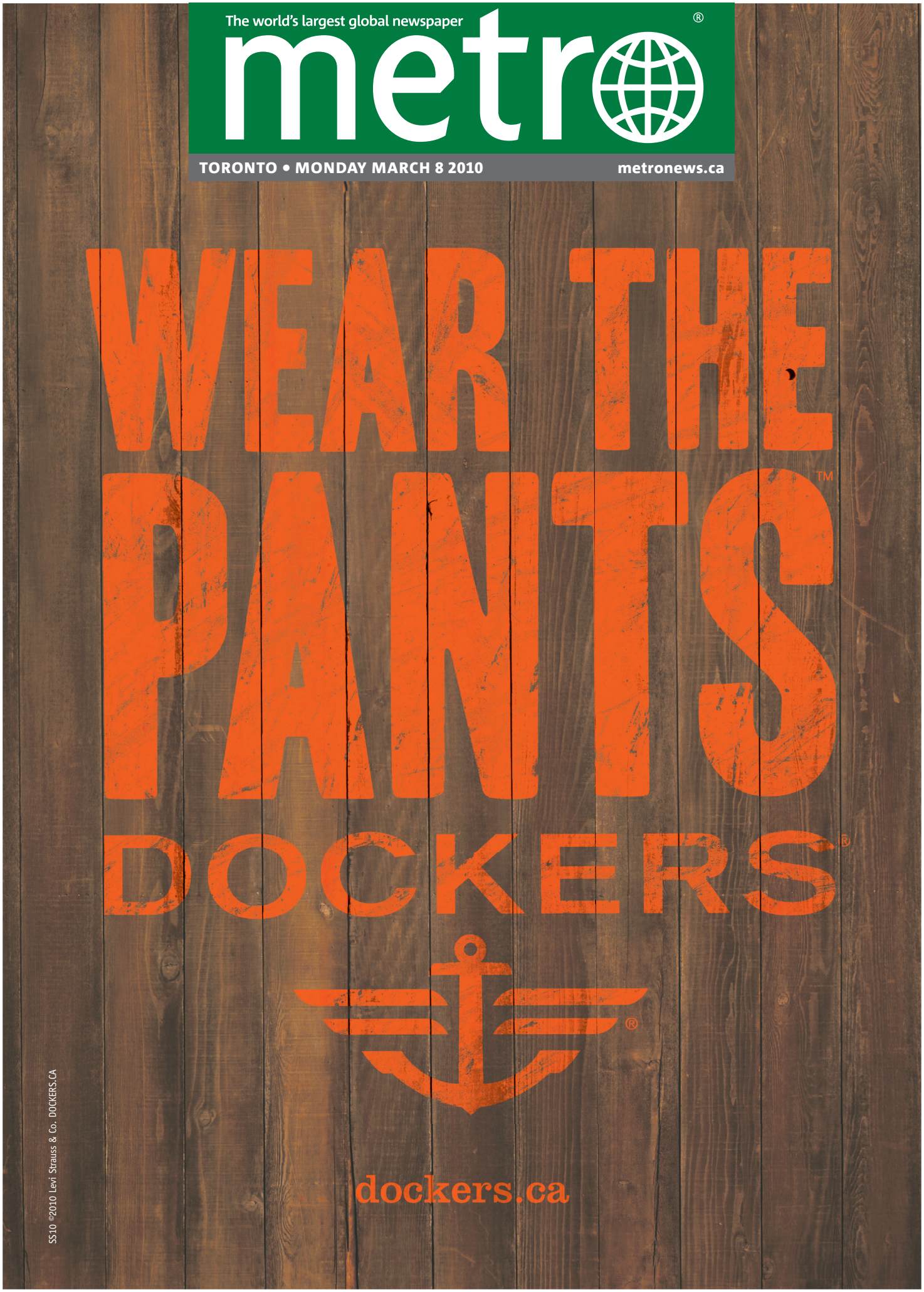

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BOSH RETURNS BUT RAPTORS LOSE, PG 17

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Celebrity pg 35

Angie linked with Mick: Book

New airport terminal opens

ISLAND The first phase of a new $50-million terminal at Toronto's island airport is now open to the public.

The terminal triples Porter Airlines' capacity and paves the way for increased flights throughout the U.S. The upgrade includes new lounge spaces, aircraft gates and passenger service areas.

Porter expects more than one million passengers to use the airport this year. Porter, which already serves 10 cities, added seasonal flights to Myrtle Beach, S.C., yesterday.

THE CANADIAN PRESS

News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 3

International

Women's Day

- **YWCA says Toronto women have "a long way to go," page 3**
- **Column from Andrea Lanthier-Seymour, director of communications, CARE Canada, page 11**
- **What's with the string? Find out on page 11**
- **Careers women want, page 19**

On the web

Visit metronews.ca for news updates

Oscars

Bigelow's big first

KEVIN WINTER/GETTY IMAGES

Kathryn Bigelow accepts the Oscar for best director last night for her work on The Hurt Locker. Bigelow is the first woman to win the award for best director. More coverage, pages 24-25. See metronews.ca for more Oscar coverage.

Pass the shovel

Throne speech to unveil plan to dig province out of debt

Education, financial services, clean water and mining will form the basis of what the Liberals are calling an ambitious five-year plan to dig the province out of a record deficit, which will be outlined in Ontario's throne speech today.

But the speech won't provide any details about possible plans to maximize government assets such as the Liquor Control Board of Ontario or Hydro One, despite speculation the government is looking at a range of options that include bundling several assets into a kind of super corporation and selling off shares.

"Our speech from the throne will focus on growing our economy," said Finance Minister Dwight Duncan, who Friday stressed no asset sales will be announced in today's speech or in the budget.

"Growing our economy requires that Ontario be open to change, open to new opportunities."

Premier Dalton McGuinty outlined some of those key priorities at a Liberal fundraiser last week, when he announced a plan called Open Ontario, described as not for "the faint of heart."

The government hasn't ruled out possible asset sales and is looking at options that range from privatization of Crown corporations to selling off transmission lines or leasing nuclear plants. But Duncan insists he won't rush into anything to pay off the province's record $24.7-billion deficit.

THE CANADIAN PRESS

Global market

- Open Ontario will focus on the growing global market for water technology, estimated at more than $450 billion, as well as work to make Toronto one of the world's elite financial centres and attract more foreign students to the province.

No Law & Order episodes for Swiss animals

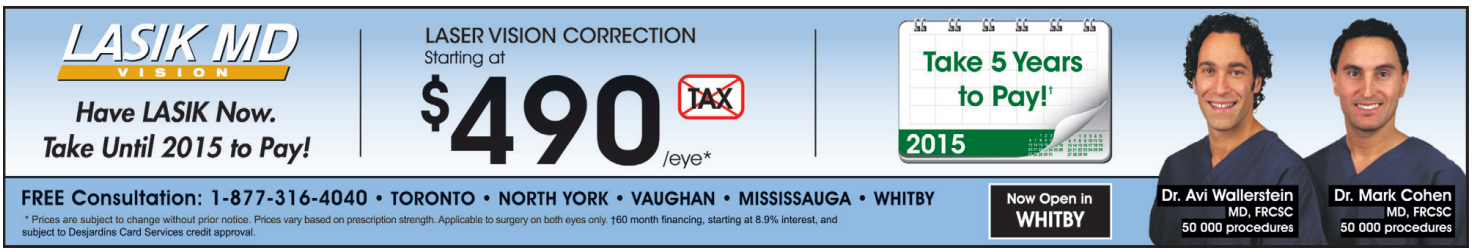
PROPOSAL The result was emphatic: Swiss voters don't think abused animals need to have their own lawyers.

It's a proposal that would never even come near a referendum in other countries, but the measure's defeat yesterday disappointed animal rights advocates, who say Switzerland's elaborate animal welfare laws aren't being enforced.

Opponents of the proposal had argued that existing laws are sufficient and appointing special lawyers to act on behalf of animals would be unnecessarily expensive for taxpayers.

According to the country's only animal lawyer, Antoine F. Goetschel, public prosecutors are often unsure about animal rights and shy away from pursuing cases even if there is clear evidence of abuse.

THE ASSOCIATED PRESS



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Tomorrow's Metro

Comment
Lawrence Martin gives us his take on the Canadian political scene.

metronews.ca

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Video Investors are hopeful that improved U.S. job numbers will give markets a big boost during this week's trading at **metronews.ca/business**
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Genders not quite equal yet

But strides are being made and local experts are preaching cautious optimism

International **Women's Day**

HEATHER BUCHAN
for Metro Toronto

As people around the world celebrate International Women's Day today by participating in events recognizing the economic, political and social achievements of women, Canadians — and Torontonians in particular — should do so with cautious optimism, experts say.

Sarah Blackstock, director of advocacy and communications at the YWCA Toronto — which serves 26,000 women in the city through various shelters and programs — believes today marks an opportunity to examine what still needs to be done to achieve total gender equality in Toronto.

"We still have a long way to go towards achieving equality because our shelters for women fleeing violence are full," said Blackstock. She points to one of the main issues facing women in Toronto: Low-wage work. "Women (between age 25 and 44) earn 65.7 per cent of the average earnings of men. In 1998, we earned 62 per cent of the average earnings of men. In 12 incredibly prosperous years there's barely been any change," she said.

She says women shouldn't feel obligated to stay in a violent relationship to be able to feed their children. In Canada, one-quarter of all single mothers are poor.

Another issue is access to high-quality, affordable child care. "This is critical to women's equality and we are likely going to be losing subsidized childcare spots in Toronto," said Blackstock. "Women can't work if they can't access child care."

Blackstock says while there have been advances in the overall recognition of women's rights, that talk is not reflected in their wallets. "That matters a lot because that's how women have autonomy and independence."

On a positive note, Blackstock said there is definitely increased recognition of the significance of empowering women.

"We're beginning to accept that women's leadership offers a lot to this city. We have a lot of women in important leadership positions," she said, pointing to the United Way's CEO Frances Lankin.

"If we want a strong city, we need to have women involved at the decision-making tables. Research shows that's the case across the world."

Worldwide

- International Women's Day has been observed since 1911 to mark the achievements of women around the world. It is an official holiday in 15 countries, including China, Russia and Vietnam.

Thousands of women march against inequity

WOMEN'S DAY More than 2,000 women marched along Toronto streets Saturday to mark International Women's Day and to draw attention to issues of inequity.

The march began with a rally, afterwards thousands, many of them children accompanied by their mothers, winded their way through downtown streets.

Organizers of the event said they wanted the day to focus on job equity and pensions.

"Economic issues were very big issues this year for women in the march," said Andrea Calver, one of the organizers.

Calver said the event started 100 years ago and emerged out of labour struggles.

"One hundred years later we're still struggling with the issue of good jobs for women," said Calver.

Women at the event said they want governments to address issues of decent pay, benefits, affordable child care and housing.

"They don't have money for child care," Calvert said

"Women are really feeling the brunt of the economic recession."

Calver also said women who are financially insecure are subject to higher rates of violence and discrimination.

International Women's Day is celebrated in many countries to mark the achievements of women around the world.

THE CANADIAN PRESS

VINCE TALOTTA/TORSTAR NEWS SERVICE

Thousands of women and children took to Toronto's streets to march for equality Saturday in celebration of International Women's Day.

News in brief

SHELTER Women's and refugee rights groups are demanding homeless shelters be declared safe sanctuary from removal by enforcement officials, who recently entered a Toronto shelter looking for a Ghanaian woman in hiding. Shelter workers, residents and advocates worry that the Feb. 27 incident at Beatrice House, a downtown shelter for women and children, would scare non-status women in need from seeking help in order to avoid potential arrests and deportation. They will gather this morning at the Toronto Rape Crisis Centre to condemn the action by the Canada Border Services Agency.

CORRECTION The Bay Queen Street is offering a 15 per cent discount on everything excluding cosmetics and fragrances on March 21 in conjunction with Chabad Lubavitch of Markham's Sisterhood Women of the World fashion show and gala.

METRO NEWS SERVICES

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Doctor, employees charged

An Etobicoke eye doctor and two of his employees are facing charges following an OPP investigation. Dr. Frank Stepec, 57, of the Trillium Optometric Centre is charged with two counts of fraud under $5,000 and two counts of conspiracy to commit a criminal offence. Sharefa Omar, 51, and Everton Baker, 46, both face the same charges. TORSTAR NEW SERVICE

More filler, fewer veggies on OSAP diet

University students make an attempt to survive on student loan's $7.50-a-day food allowance

It's not just about missing her Starbucks London Fog tea — although at $4.50 a cup, more than half her new budget would be used up.

Nor is it the submarine sandwich she'll have to skip as she races from class to work; on $7.50 a day, the only sandwich Rachel Crane can afford is homemade.

"How many cucumber sandwiches can I eat before I wither away?" asked the fourth-year Brock University student.

Crane is one of four Ontario undergraduates who will spend the next three weeks eating on just $7.50 a day, the amount the province's student aid program provides for food. In daily blogs and twice-weekly videos, they hope to show the need for Ontario to raise its student loan ceilings.

"How many cucumber sandwiches can I eat before I wither away?"
Rachel Crane, Brock student

"What I'll really miss is the fresh fruit and vegetables you need to be healthy," said the 22-year-old business major.

"OSAP assumes students should live below the poverty line, and that's not good, especially for students who need the energy you get from healthy eating."

The Food For Thought campaign — a sort of OSAP diet that starts today, was launched by the Ontario Undergraduate Students' Alliance to highlight the fact Queen's Park has not raised student loan limits in four years. TORSTAR NEWS SERVICE

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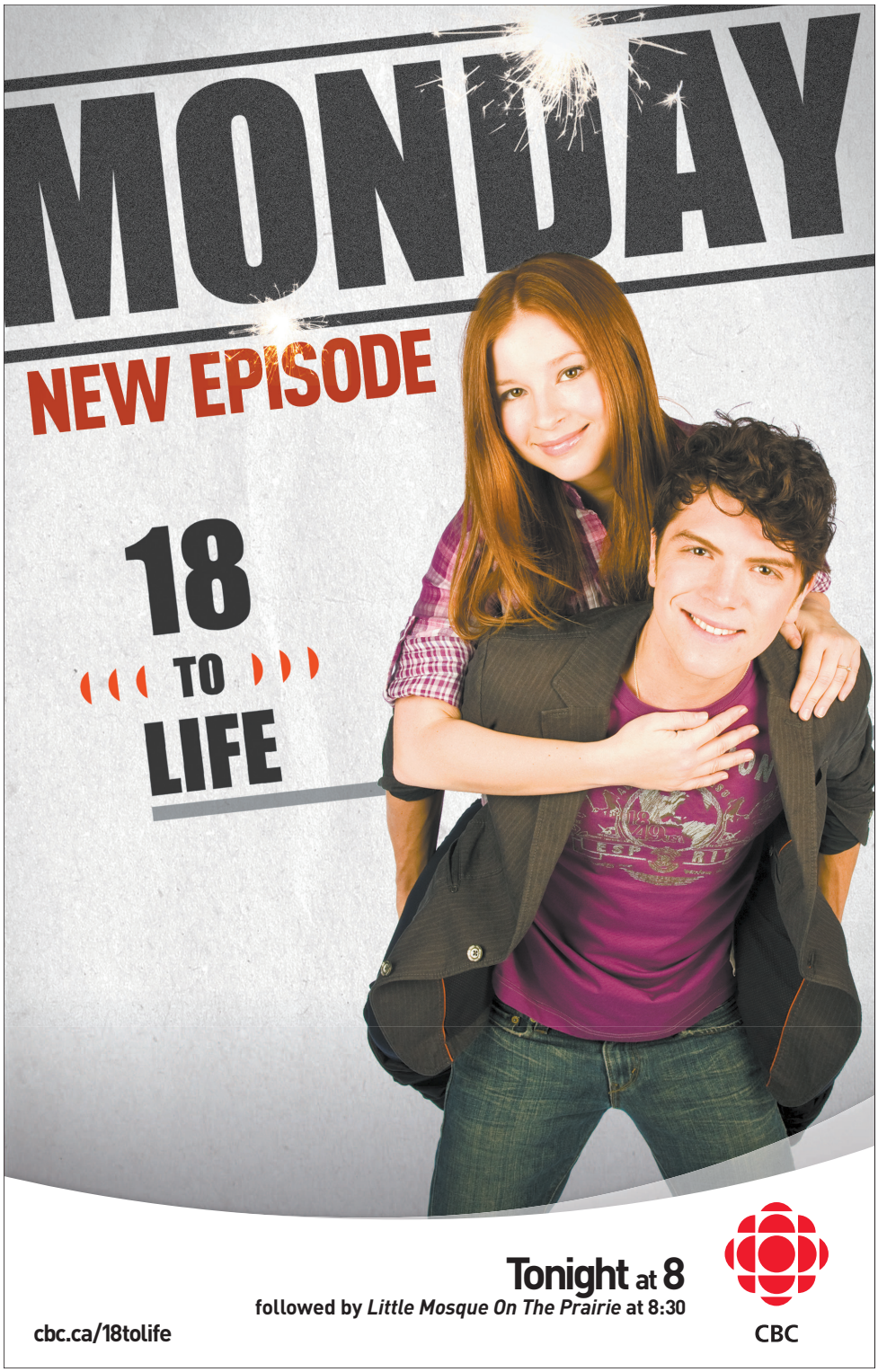

KEITH BEATY/TORSTAR NEWS SERVICE

Acupuncturists and patients demonstrated yesterday against what they feel are discriminatory rules governing acupuncture in the province.

Chinese medicine rules 'racist,' professor says

HEALTH New regulations proposed to govern the practice of traditional Chinese medicine in Ontario discriminate against the most qualified practitioners, say representatives of the profession.

About 300 practitioners and their supporters marched along Dundas Street yesterday to demand action from the province.

In 2006, Ontario passed the Traditional Chinese Medicine Act to create a self-regulating profession, similar to the bodies that govern doctors, nurses, chiropractors and physiotherapists. Traditional Chinese medicine involves the use of acupuncture, herbal remedies and a holistic approach to treatment.

However, a transitional council appointed by the government in 2008 to establish the regulations and standards to be overseen by the new governing body isn't working in the best interest of the profession or the public, protesters said.

The majority of people on the transitional council are not qualified in Chinese medicine and so are not in a position to be drafting regulations, said Mona Zhang, speaking for the 2,000-member Federation of Ontario Traditional Chinese Medicine Associations.

"They are prepared to engage in civil disobedience to protest this racist policy."
Jon Alexander, professor

Zhang and fellow members are demanding the health ministry dissolve the council and appoint qualified representatives to draft non-discriminatory regulations.

Her group is also calling into question the authenticity of one council member's qualifications and wants the province to investigate.

"They are prepared to engage in civil disobedience to protest this racist policy," said Jon Alexander, a Carleton University political science professor advising the protesters. "They won't allow themselves to be supervised by needling amateurs. ..... They would much rather go to jail."

TORSTAR NEWS SERVICE

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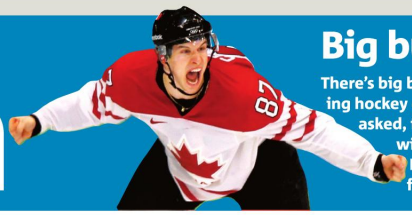
Rona raising money for women's foundation

To commemorate International Women's Day, Rona will be raising money for the Canadian Women's Foundation until April 4. For every dollar raised, the retailer will donate the equivalent in labour and building materials to renovate women's shelters. METRO NEWS SERVICES

Canada



Big bucks for return of equipment

There's big bucks in store for the person who can turn in Sidney Crosby's missing hockey gear. Reebok Canada is offering a $10,000 reward, no questions asked, for the return of the stick and glove Crosby used to score his winning goal in last weekend's gold-medal game against the U.S. Reebok has set up an email hotline (reeward87@reebokccm.com) for people to send in tips. THE CANADIAN PRESS

CSIS interrogated Taliban: Documents

Officers of the Canadian Security Intelligence Service have played a crucial and long-standing role as interrogators of a vast swath of captured Taliban fighters, The Canadian Press has learned.

The spies began working side-by-side with a unit of military police intelligence officers as the Afghan war spiralled out of control in 2006, according to heavily censored witness transcripts filed with the Military Police Complaints Commission.

The spy agency's previously unknown role in questioning detainees adds a new dimension to the controversy about the handling and possible torture of prisoners by Afghan security forces.

CSIS acknowledged in 2006 that its members gathered intelligence in Afghanistan, but its precise role has remained in the shadows until now.

Maj. Kevin Rowcliffe, former staff adviser to Canada's overseas operations commander, told investigators with the complaints commission there were questions about how much experience the army's intelligence officers had in grilling prisoners.

Military police "were involved in that, but they weren't necessarily involved in interviewing or interrogation related issues; that would be (censored) or some other parade that had special training in interrogation," says an edited transcript of the Dec. 6, 2007, interview.

Sources familiar with the unedited version say the blanked-out references are to CSIS. THE CANADIAN PRESS

Transfers

- CSIS would sometimes make recommendations on which Taliban prisoners to hand over to the National Directorate of Security, Afghanistan's notorious intelligence service, sources said.

Ottawa **March thaw**

PAWEL DWULIT/THE CANADIAN PRESS

With the Museum of Civilization behind them, early morning joggers run across the Alexandria Bridge in Ottawa yesterday. Temperatures were set to hit 8 C and remain above freezing for the upcoming week.

News in brief

AIR INDIA Twenty-five years after Air India Flight 182 fell from the sky off the coast of Ireland, the legal saga stemming from Canada's worst mass murder continues this week as a key witness in the trial of two men acquitted in the bombing is tried for perjury. Inderjit Singh Reyat is charged with lying in 2003 during the trial of Ripudaman Singh Malik and Ajaib Singh Bagri. Malik and Bagri were acquitted of all charges connected with the 1985 bombing of the Air India plane and another explosion at a Tokyo airport. THE CANADIAN PRESS

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SCANLIFE

As documents show up in bizarre places, some call for plan to protect medical records when doctors retire. Scan this code for the story.

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Sask. premier faces tough budget decisions
Premier Brad Wall says Saskatchewan, which initially defied the economic downturn, must now make tough decisions to balance its upcoming budget. THE CANADIAN PRESS

Blind spot blamed for botched N.S. forecast

They predicted rain. It snowed. They called for temperatures above freezing. It was below freezing. They forecast barely five millimetres of precipitation. It was almost five times more.

Environment Canada's botched forecast in Nova Scotia in the fall of 2008 left 1,500 motorists stranded on the Trans-Canada Highway for nearly 24 hours.

And a draft report on the "Cobequid Pass Snowfall Event," dated last month, blames bad software and a "blind spot" in Canada's network of weather stations.

Forecasters were reduced to huddling around webcast images from a traffic camera operated by the province of Nova Scotia to find out what was going on.

"Sporadically available webcam images ... were the only source of direct information available to the weather office as to what was happening over the Cobequid Pass," says the internal report.

A copy of the document, dated Feb. 1, was obtained by The Canadian Press under the Access to Information Act. The analysis, by meteorologist Darin Borgel of the Atlantic Storm Prediction Centre in Dartmouth, N.S., notes that the storm on the afternoon of Nov. 19, 2008, "was not a particularly remarkable meteorological event."

Even so, forecasters had inadequate tools for predicting or monitoring the late-fall storm.

"Meteorologists were left to issue updated bulletins and warnings based mainly on second-hand information trickling into the office as the event was unfolding," says the report.

"This resulted in little or no lead time of the heavy snow event to the travelling public."

The lack of reliable weather data made reconstruction of the storm so difficult that the post-mortem report had to draw on a newspaper's account to determine when it hit.

THE CANADIAN PRESS

Lack of presence

- Environment Canada has no weather stations along the four-lane Cobequid Pass highway between Truro and Amherst, N.S., which opened in 1997. The busy 45-kilometre tolled stretch of Trans-Canada Highway is a vital transportation link between Nova Scotia and News Brunswick, attracting about 8,000 vehicles daily.

Security eased for Paralympics

GAMES The Winter Olympics that wrapped up in Vancouver last month took place under a vast security blanket.

When the Paralympics get underway here Friday they'll be under more of a security scarf.

That's good news for anyone attending the Games because, except for the opening and closing ceremonies, it means no airport-style screening lineups.

About 15,500 police, military and private security personnel protected the Olympics from potential terrorist attack even though the threat level going into them was low.

Under the assumption terrorists are even less likely to attack Games dedicated to the disabled, fewer people will be used to guard the more modest Paralympics. Only 750 RCMP officers, 500 Canadian Armed Forces personnel and a handful of private security screeners will be needed for the 10-day Paralympics, says Const. Mandy Edwards of the Olympic Integrated Security Unit. THE CANADIAN PRESS

GEOFF HOWE/THE CANADIAN PRESS

B.C. Premier Gordon Campbell addresses a crowd while Rick Hanson, left, looks on during the Paralympic Flame run at Legislature in Victoria, Saturday, prior to the 2010 Paralympic Winter Games, which begin March 12.

U.S. looks to spruce up barricades

RENOVATION The United States is kicking in half a million dollars towards beautifying the ugly concrete barricades around its embassy in Ottawa.

The large cement blocks cut off a lane of traffic on a stretch of Sussex Drive in the capital's popular Byward Market neighbourhood.

They've been a bone of contention for local businesses since they were put in place as an added security measure following the Sept. 11, 2001 terror attacks on New York and Washington.

The barricades will be replaced with "visually pleasing" bollards that will still keep cars from approaching the gleaming fortress-like compound that sits in the heart of Ottawa's tourist district. The total cost of the project, which will include a new four-block bike path on Sussex, is just over $3 million, with $2.5 million coming from the federal government's stimulus fund, and $125,000 from the city of Ottawa. U.S. Ambassador David Jacobson says the new bollards will make his country better neighbours.

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Three killed in Scottish death plunge

Two men and a woman died after falling from a highrise apartment building in the Scottish city of Glasgow yesterday, police said. Police said there did not appear to be any suspicious circumstances. THE ASSOCIATED PRESS

World

Candidate calls election fraudulent

Togo's top opposition candidate says his party has proof of fraud in the African country's contentious presidential election and will present it in court. Opposition leader Jean-Pierre Fabre, left, claims the ruling party intimidated voters and intentionally caused vote-counting machines to malfunction. Fabre led several hundred supporters on a march yesterday, which police dispersed with tear gas. THE ASSOCIATED PRESS

Palestinians agree to peace talks

MIDDLE EAST A skeptical Palestinian leadership agreed yesterday to hold U.S.-mediated peace talks with Israel for four months, effectively ending a 14-month breakdown in communications between the two sides. The decision marks the first progress in more than a year for U.S. diplomacy in the Middle East and a softening in the position of the Palestinian leadership, which has insisted it would not begin talks unless Israel froze construction in the West Bank and east Jerusalem.

THE ASSOCIATED PRESS

m.metronews.ca

ScanLife

Eyes on the skies, Barack Obama calls for conference on future of space flight. Scan this code for the story.

Violence kills dozens on Iraqi election day

Iraqis defied insurgents who lobbed hand grenades at voters and bombed a polling station yesterday in an attempt to intimidate those taking part in elections that will determine whether their country can overcome deep sectarian divides as U.S. forces prepare to leave.

The conclusion of the vote, however, did not spell an immediate end to political uncertainty.

It could be days until results come in and with the fractured nature of Iraqi politics, it could take months to form a government.

Sunnis and Shiites seemed united in one way yesterday — defiance in the face of violence. Many came out of polling booths waving fingers dipped in purple ink in a now-iconic image synonymous with Iraq's democracy. In one Baghdad neighbourhood, relatives who had just lost a family member in a bombing walked down to the polling booth to vote.

The violence was a direct challenge to Prime Minister Nouri al-Maliki, who has gained popularity as violence across the country has plummeted.

"I voted for Nouri al-Maliki because I trust him as a man who succeeded in getting rid of militias and building a strong state," said Saadi Mahdi, a 43-year-old engineer in the southern city of Basra.

It was there that al-Maliki first established himself as a leader willing to go against his fellow Shiites when he routed militias aligned with anti-American cleric Muqtada al-Sadr.

Still, the violence that shook Baghdad served as a reminder of the insurgency's persistence and adaptability.

Insurgents used mostly rockets, mortars and explosive-filled plastic bottles hidden under trash to terrorize voters on their way to the polls. With those tactics, they managed to get around a vehicle ban in place across the capital for most of the day and killed 36 people, almost all of them in Baghdad.

THE ASSOCIATED PRESS

Alabama **Remembering in Selma**

DAVE MARTIN/THE ASSOCIATED PRESS

U.S. Democratic Rep. John Lewis of Georgia, middle, describes the events of Bloody Sunday yesterday at the Edmund Pettus Bridge in Selma, Ala. Civil Rights marchers were beaten by state police on the bridge on March 7, 1965. Standing at left is actor Terrence Howard.

News in brief

TERROR A Somali-based Islamic group that has tried to radicalize and recruit young Canadians has been listed as a terrorist organization in Canada. Minister of Public Safety Vic Toews said yesterday that the government's decision to ban Al-Shabaab was aimed at protecting Canadian families from the activities of this organization. THE ASSOCIATED PRESS

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Pirated vessel freed

Somali pirates freed a Thai fishing vessel they held for more than four months after receiving ransom, the European Union said yesterday. THE ASSOCIATED PRESS

Al-Qaida's U.S.-born spokesman arrested

The American-born spokesman for al-Qaida has been arrested by Pakistani intelligence officers in the southern city of Karachi, two officers and a government official said yesterday as video emerged of him urging U.S. Muslims to attack their own country.

The arrest of Adam Gadahn is a major victory in the U.S.-led battle against al-Qaida and will be taken as a sign that Pakistan, criticized in the past for being an untrustworthy ally, is co-operating more fully with Washington. It follows the recent detentions of several Afghan Taliban commanders in Karachi, including the movement's No. 2 commander.

Gadahn has appeared in more than half a dozen al-Qaida videos, taunting and threatening the West and calling for its destruction. A U.S. court charged Gadahn with treason in 2006, making him the first American to face such a charge in more than 50 years.

Adam Gadahn

Gadahn grew up on a goat farm in California before converting to Islam. He moved to Pakistan in 1998, according to the FBI, and is said to have attended an al-Qaida training camp six years later, serving as a translator and consultant.

The treason charge carries the death penalty if he is convicted. He was also charged with two counts of providing material support to a designated foreign terrorist organization.

The 31-year-old is known by various aliases including Yahya Majadin Adams and Azzam al-Amriki.

His most recent video was posted yesterday, praising the U.S. Army major charged with killing 13 people in Fort Hood, Texas, as a role model for other Muslims. THE ASSOCIATED PRESS

News in brief

NIGERIA Rioters armed with machetes slaughtered more than 200 people yesterday as religious violence flared anew between Christians and Muslims in central Nigeria, witnesses said. Hundreds of people fled their homes. The bodies of the dead — including many women and children — lined dusty streets in three mostly Christian villages south of the regional capital of Jos. The killings represent the latest religious violence in an area once known as Nigeria's top tourist destination, adding to the tally of thousands already killed in the last decade in the name of religious and political ambitions. THE ASSOCIATED PRESS

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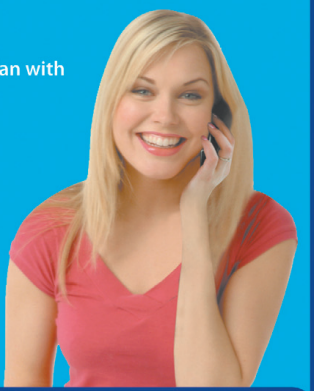

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Infighting between militant groups kills dozens in Afghanistan

Dozens of fighters died in clashes between the Taliban and another Islamist group, the Hezb-e-Islami militia, in Baghlan province in north-eastern Afghanistan, and some militants defected to government forces yesterday as battles raged, officials said. THE ASSOCIATED PRESS

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Life on bomb squad not The Hurt Locker

The Afghan soldier in the NASA-like bomb suit has probably never seen The Hurt Locker.

But whether he knows it or not, the short, slight man with the sparse moustache lives the life depicted in the award-winning film about an American bomb disposal squad in Iraq.

The soldier — who the Canadian military asked not to identify for security reasons — is part of the Afghan army's fledgling bomb squad.

Every day he and his team scour southern Afghanistan's dusty roads and fields for hidden explosives. These makeshift bombs have been the scourge of soldiers serving in Afghanistan. The insurgents hide crude bombs anywhere they think foreign troops might tread.

Improvised explosive devices, or IEDs, have felled 84 of the 140 Canadian soldiers killed during the mission. That grim tally speaks to the need to train Afghan troops to spot and disarm the devices so they can take over when coalition forces leave.

Canadian mentors have worked with this Afghan team for three-and-a-half months now.

Their work is not quite like the Oscar-nominated movie. In one scene, the main character pulls a cord to reveal a daisy chain of buried artillery shells.

A Canadian soldier who trains the Afghan bomb team says that's just not realistic: "Each shell weighs approximately 60 pounds. He picked up five, I believe," said the Canadian soldier, who also couldn't be identified for security reasons.

THE CANADIAN PRESS

STEVE BERNIER/THE CANADIAN PRESS

A member of the Afghan army's bomb squad at work. The fledgling bomb squad is receiving instruction from the Canadian military on the finer points of finding and disposing of explosives.

Chileans unhappy with aid delivery, new poll suggests

QUAKE Most Chileans are unhappy with their government's response to the catastrophic quake and blame President Michelle Bachelet for shortcomings, according to a poll published yesterday. But some veteran aid experts are impressed by how quickly Chile has mounted a huge recovery effort.

The poll published by the daily newspaper El Mercurio found 72 per cent of Chileans believe the government responded late and inefficiently to re-establish order, and 48 per cent believe it was because Bachelet did not want to end her term by sending soldiers into the streets. Sixty per cent also believe aid delivery has been slow and inefficient.

THE ASSOCIATED PRESS

News in brief

PORT-AU-PRINCE U.S. troops are withdrawing from the shattered capital, leaving Haitians anxious that the most visible portion of international aid is ending even as the city is still mired in misery and vulnerable to unrest. THE ASSOCIATED PRESS

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Comment

Who is going to watch over the TTC?

InTransit

Ed Drass

metronews.ca/intransit

The Toronto Transit Commission will continue to be overseen by city councillors, at least until this fall's municipal election. By January 2011 — around the time we should expect a fare hike — some of the TTC's board of directors are likely to be citizen appointees.

Most Toronto agencies include both elected and appointed members and, considering recent history, there is little evidence the commission should be different.

Another overdue development is the TTC's new customer service advisory panel, made up of people with experience in the public and private sectors. They need to swiftly set up a series of public sessions across the city. For now, email them via advisory.panel@ttc.ca.

I'm curious if this group can discern if TTC failures in serving customers are due mostly to a culture of indifference, or to inadequate funding.

Not to be left out, the TTC's largest union is also in the process of arranging public meetings — these should be very interesting.

Added to this mix is ongoing scrutiny in the media, plus talk of privatization and expense audits from campaigning municipal politicians, as well as a pilot project to include local residents in the operation of subway stations.

From bottom to top, the country's biggest transit system is about to undergo more examination than it has ever experienced.

Quick Tip: Are you affected by upcoming cuts to GO bus service in York Region? See twitter.com/eddrass for links to details and petitions.

Toronto-based transport writer Ed Drass covers transit issues every Monday; transit@eddrass.com.

Views

Power of many can make a difference

Andrea Lanthier-Seymour

I met Caroline four years ago on my first visit to Kenya with CARE Canada. She and two dozen friends greeted me with songs and outstretched hands.

Despite the happy welcome, this public display of joy was new to Caroline. Less than two years earlier, she had been ashamed to walk the dusty roads of her village. Forced to borrow money to feed her children, she was seen as a beggar and a burden.

She was alone.

But when she decided to join the women in CARE's co-operative Savings and Loans Group, Caroline discovered she wasn't alone; she was part of something bigger.

Every two weeks, each woman in the co-op put $1 into a savings pool. Within weeks, there were enough funds to start borrowing money to invest in education, home businesses and their farms. Every two weeks, the pool grew, expanding the possibilities.

Caroline invested in her small home business. She became a pillar in her community. She could afford to send her children to school. And now she was the one lending money to her neighbours, she said with fiery pride. Thanks to the women's group, she was reaching her full potential.

Sitting with Caroline in that far-off village, I suddenly understood the power of the women around me.

As individuals, they struggled to make ends meet, but together they made each other — and their community — stronger.

Canadians — men and women — can learn so much from them. I have often felt that, as one person, I couldn't make a difference. It took a trip across the globe to understand that I can be more: I can be one of many.

This International Women's Day, I challenge you to take Caroline's lead — to join together to improve our lives and our community.

How? It's easy. Visit your community resource centre to see where the needs exist for women and girls, who still represent 70 per cent of the world's poorest. Explore websites that offer volunteer opportunities, like Charity Village or Volunteer Canada. Join your community association, become a Big Sister, or bring a group together to fundraise for organizations that help empower women and girls.

And become part of a global collective committed to change.

Andrea Lanthier-Seymour is director of communications, CARE Canada.

Symbol of solidarity

• Wearing a string on your finger March 8 symbolizes solidarity with women and girls around the world. Let the string remind you of the achievements women have made to overcome inequality and injustice. But let it also remind you of the millions of women continuing to strive for equality and empowerment.

MICHAEL DE ADDER

Tell us your views by email to torontoletters@metronews.ca or comment on metronews.ca or on Twitter @metrotoronto

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WestJet offers new flights from Calgary to Hawaii
WestJet is offering two new non-stop flights between Calgary and Hawaii. Service to Kahului, on the island of Maui, began Saturday and flights to Honolulu started yesterday. The weekly flights will continue until the end of April. THE CANADIAN PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Canwest's assets more inviting

MEDIA The newspaper assets of Canwest Global Communications are looking more attractive to potential buyers on the heels of surprisingly strong earnings from media giant Torstar Corp., widely considered a potential bidder for the dailies.

Industry analyst Duncan Stewart said Torstar's strong fourth-quarter profit carries a broader significance for the Canadian newspaper industry and will ultimately help Canwest's operations look more viable.

"Everybody knows you can probably buy these assets for a relatively good price today..." he said.

"Almost everybody who was thinking of bidding for the ... assets knew we were in the middle of a horrible cyclical downturn and that we were going to see some sort of recovery."

THE CANADIAN PRESS

iPad Slight delay

MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS FILE PHOTO

The much-anticipated iPad tablet computer from Apple Inc. will start hitting U.S. store shelves April 3, slightly later than its originally planned "late March" date. They will be available in Canada, as well as Australia, France, Germany, Italy, Japan, Spain, Switzerland and the U.K. by late April.

Business in brief

GM DEALERS General Motors Co. will reinstate 661 dealerships it sought to drop from its sales network. They will receive letters giving them the option to remain open. GM said it would not have enough time to negotiate with all 1,100 dealerships that appealed the decision to close them within a four-month window imposed by the U.S. government. As part of its restructuring, GM last year told about 2,000 dealerships it would not renew their franchise agreements once they run out in October. THE ASSOCIATED PRESS

Better jobs outlook may lift markets

Improvements in the economy could support last week's sharp gains on stock markets as investors grow more confident that job losses in the United States are giving way to job creation.

Hopes are also high that a report this week will show continued employment gains in Canada.

"The things that the market is worried about are dissipating somewhat," said John Johnston, chief strategist at the Harbour Group at RBC Dominion Securities. "I don't want to sound outrageously bullish here at this point, but it looks to me like there's room for some upside gains and maybe we hit some new highs here for the whole cycle."

The Toronto stock market ran ahead a solid three per cent last week to its highest level for this year.

36,000 The number of jobs the U.S. economy lost in February — far fewer than the 50,000 expected.

The U.S. Labour Department also acknowledged that the severe storms that hit the American East Coast during February affected the data. And economists believe that could translate into an improving jobs picture for March.

"It could mean a big pop in March," Johnston said.

The strong showing on the TSX last week leaves the Toronto market well above the 11,746 level where it started the year.

THE CANADIAN PRESS

AbitibiBowater, union reach deal

CONTRACT The Communications, Energy and Paperworkers Union of Canada says it has reached a tentative contract agreement with AbitibiBowater.

Following months of negotiations, the forestry giant pulled its proposal to end pension plans, which the union says would have reduced benefits by an average of 25 per cent.

The union says the new agreement, which covers 8,000 employees, will protect its members from the plan's possible insolvency.

The company has been operating under court protection from bankruptcy in the United States and Canada since last April.

THE CANADIAN PRESS

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Jazz Air reaches contract agreement with dispatchers.
Halifax-based Jazz Air says it has reached a tentative contract agreement with its 60 dispatchers. THE CANADIAN PRESS

Tims getting bigger

900 new outlets, upscaling image in U.S.

Tim Hortons is giving itself a makeover in the United States by serving up a new restaurant format under plans that will see 900 new outlets in North America over three years.

The coffee and doughnut store giant said Friday it would unveil a new restaurant concept that will be piloted in at least 10 existing U.S. locations. The redesign is intended to more sharply define Tim Hortons' image with what the company calls "enhanced finishes, fixtures and seating areas."

It comes as Tim Hortons works to strengthen its presence in the United States by selling itself as a higher-end establishment in some markets.

The fast-food operator known for its coffee, doughnuts and light meals says it expects 900 new stores of various formats by 2013. They would include 600 stores in Canada where Tim Hortons already has more than 3,000 locations under its banner. Up to 60 locations in Canada will be converted to include the Cold Stone Creamery concept — a high-end ice cream counter already in some Hortons stores — in partnership with the American dairy chain.

Much of the growth in Canada this year will be focused on Quebec, Western Canada and major urban locations. In the United States, it will be focused on major regional markets such as New York, Ohio and Michigan.

THE CANADIAN PRESS

Icelanders reject deal to pay back debts

BANKING Icelanders blew whistles and set off fireworks as referendum results yesterday showed they had resoundingly rejected a $5.3-billion US plan to repay Britain and the Netherlands for debts spawned by the collapse of an Icelandic bank. More than 93 per cent of voters said "no" in Saturday's ballot.

Despite the vote, all three governments promised to work on a new agreement.

Britain and the Netherlands want to be reimbursed for money they paid their citizens with deposits in Icesave, an Internet bank that collapsed in 2008, along with most of Iceland's banking sector. Most ordinary Icelanders feel the repayment schedule was too onerous.

President Olafur R. Grimsson sparked the referendum by refusing to sign the repayment deal agreed by Iceland's parliament.

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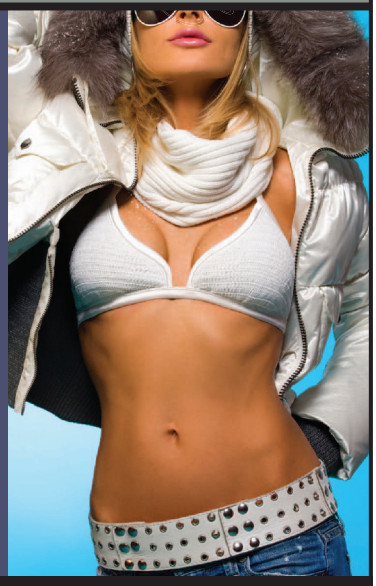

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Eva is happy again:

"I lost half my body weight"

You may have heard the story of "The man who made the whole town lose weight". The successful health food storeowner, Johnny Pettersen found himself in the media because he made so many people lose weight in his hometown Ålesund, Norway. Eva is one of his many customers that just happened to lose half her body weight, using Mulberry.

Eva used to have a tremendous craving for sweets. She would wake up at night with cravings and never knew why. Today Eva has regained control of her life thanks to the food supplement Mulberry Zuccarin. And she went from a clothing size of 18 to a 6.

The sugar craving went away

In a relatively short time Eva had gained almost 30 kilos. One day she needed help picking up a bag from the ground, but couldn't bend far enough. Her weight was over 100 kilos, and Eva - only being 154 cm tall - was very desperate and depressed.

Eva found a health food store in Ålesund and asked for help. There, she was recommended the Mulberry tablets, which are based on mulberry leaf extracts. Eva used Mulberry as prescribed – and has never regretted her choice.

Completely new wardrobe

"The results were not slow to come and after one year my weight had gone down considerably", says a smiling Eva. Time goes by and Eva has now used Mulberry for three years. She has lost a total of 46 kilos! She has changed her whole word robe, throwing out all those old size 18 clothes. Today Eva is still taking Mulberry, but only when she feels the sugar craving returning.

Sugar - our worst enemy in food

You may burn your fat deposits and lose weight, if you use up more calories than you get from eating and drinking. But there is also another trick! You can make sure that some of the calories, which you get in, are not absorbed in your body. Many herbs and plants can make it more difficult for your body to absorb the calories you eat. The leaves from mulberry trees are one of the very best. These leaves have been used for centuries in Japan in different kinds of foods for this reason. Mulberry leaves contain a natural extract called DNJ, which works in harmony with the body.

Break the power of habits

Sugar is a stimulant for your brain and has an influence on your eating behavior. But like everything else this is a habit. Scientists have found out that it takes approximately 3 weeks to break it. When you take Mulberry and your body absorbs less glucose, you will also make you brain need less glucose. So without thinking about it, your mood swings and cravings for sugar will become less, and you will lose weight.

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EDITOR: BEN.RYCROFT@METRONEWS.CA

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The evolving door

U.S. company looking to harness people power

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Ever get caught in a revolving door? Or swatted in the backside as the door speeds up just as you're slowing down? These things are powerful.

Fluxxlab — a pioneering partnership between Columbia University master's degree holders Carmen Trudell and Jennifer Broutin — is trying to harness that power. Their flagship product, the Revolution Door, generates electricity as office workers pour through it each day.

"Jenny and I were in a class called Responsive Kinetic Architecture," Trudell recalls. "People were trying to design new windows, floors and walls to perform at a higher level of energy efficiency. We decided to find an existing condition inside of a building to be used to produce a small amount of electricity."

Generators spin. So the women went looking for anything in a typical office building that goes around in circles all day long. They found it — right at the entrance.

"Fluxxlab's work has been focused on local energy harvesting — primarily from people," says Trudell. "People move, and make kinetic energy. We figure out ways to convert that into power."

The door is still in development. The main prototype currently generates enough juice to power 16 compact fluorescent light bulbs for ten hours. But creating electricity isn't the only point.

"The output from the Revolution Door is relatively small, but it's great for educational purposes. It makes people aware that the food that we put in our mouths and the fat that's stored in our bodies are all part of the same energy cycle as the sun, the grass and coal-burning power plants."

And while the door hasn't yet been installed in any actual office buildings, the idea is certainly generating interest.

"Getting clients has not been the problem," Trudell smiles. "Vornado, a huge real-estate developer in New York, is interested, and even Mayor Michael Bloomberg has contacted us about possibly helping with his plan to green City Hall."

Fluxxlab has also developed the Personal Power Plant, a hand-cranked generator for recharging iPods and cell phones.

"We've had people write to us and say they've attached their Personal Power Plants to their bicycles to use as a dynamo. They're taking our circuit and modifying it, which is really exciting. We hope our projects will go on and have lives more exciting than we originally envisioned."

PHOTOS.COM

Fluxxlab has developed a revolving door that generates power.

Website

- For more info, check out Fluxxlab's website at fluxxlab.com

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PostGame

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Sports

Martin could miss opening day

Dodgers catcher Russell Martin, left, of Chelsea, Que., is expected to be sidelined for four to six weeks after an MRI revealed a pulled groin. Martin likely will miss Los Angeles' regular-season opener April 5 at Pittsburgh. Martin first felt discomfort during a running drill a few days before the Dodgers' first spring game Friday. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Bosh is back, but can't help Raps

NBA RESULTS

76ers 114 Raptors 101

76ers VS Raptors

Chris Bosh sauntered into the dressing room from the showers and turned his back on the reporters clustered around his stall.

From there, there was an extended process of drawing one long pant leg over each long leg, pulling a sweater over his head and, ultimately, addressing the other process he is facing on the court with the Toronto Raptors.

The 25-year-old was a shadow of his usual self in his return to action from a seven-game absence, unable to carry the Raptors past a team buried deep in the fringes of the Eastern Conference playoff race. Toronto fell 114-101 to the Philadelphia 76ers at home yesterday, its fifth loss in six games.

CHRIS YOUNG/THE CANADIAN PRESS

Toronto's Chris Bosh, centre, makes a move on Philadelphia's Marreese Speights yesterday as 76er Jason Kapono looks on during first-half action at the ACC. Philadelphia won 114-101.

"I felt good ... felt pretty good," Bosh said. "It's just going to take some time. Just got to get my legs under me, and once I get my legs under me and my strength back, I think I'll be fine."

He was held to only 12 points in 33 minutes of playing time, his lowest offensive output since Dec. 23, and his second-lowest of the season. Thaddeus Young scored a career-high 32 points for the Sixers, which as a team hit a remarkable nine of 12 attempts from beyond the three-point arc.

Bosh had been expected to return to action against the New York Knicks Friday night, but missed Toronto's morning workout with an upset stomach. His health deteriorated as the day progressed, to the point where he could not even stand, leading to a trip to Mount Sinai Hospital as his teammates scraped through a 102-96 win. He was released about an hour after the game, and returned to the floor yesterday under the close supervision of his coaches.

Bosh had not played a minute since spraining his left ankle in a Feb. 17 overtime loss to Memphis, and Raptors head coach Jay Triano said he would ration his star player's playing time if his energy levels sagged.

"I think he was a little rough, but you've got to play him," Triano said afterward. "You've got to play him through this. We've got to get him back to 100 per cent."

THE CANADIAN PRESS

No brotherly love for Leafs in Philadelphia

NHL RESULTS

Maple Leafs 1 Flyers 3

Maple Leafs VS Flyers

NHL Simon Gagne and Danny Briere scored in a 1:16 span in the second period, and Michael Leighton made 27 saves in the Philadelphia Flyers' 3-1 victory over the Toronto Maple Leafs last night.

Gagne took a feed from Dan Carcillo and fired a shot past Jean-Sebastien Giguere's glove side, breaking a 1-1 tie. Seconds later, Carcillo appeared to score another goal for Philadelphia, but was ruled offside.

Briere gave the Flyers an insurance goal with 1:35 left in the period, stopping Braydon Coburn's pass with his skate and firing a shot past a diving Giguere.

Jeff Carter scored his 30th goal to help the Flyers break a two-game losing streak in their first home game after the Olympic break.

THE ASSOCIATED PRESS

Villegas wins Honda Classic

GOLF Camilo Villegas won the Honda Classic yesterday, shooting a final-round 68 to finish at 13-under 267 and posting his third PGA Tour victory.

Villegas finished five shots ahead of Anthony Kim (67) and six ahead of Justin Rose (64) to collect the win and a cheque for $1.008 million US. Calgary's Stephen Ames hit 72 to finish 13 shots back, while Bright's Grove, Ont., native Mike Weir shot 73 to end the tournament 14 behind. THE ASSOCIATED PRESS

Ontario's Howard moves to 3-0 at Brier

"You've got to stay close with them. If you let those guys get ahead they're going to run you out of the building."
B.C.'s Jeff Richard on competing with the big names at the Brier

CURLING This may be Jeff Richard's first trip to the big show, but B.C.'s barrel-chested skip hasn't been shy about throwing his weight around at the 2010 Tim Horton's Brier.

For a second day in a row he pushed a former Brier winner to the brink yesterday before losing 7-6 to Ontario's Glenn Howard, who had to draw his last rock to the four-foot in the 10th end to win.

Richard forced Manitoba's Jeff Stoughton into an extra end in their Saturday game losing in similar fashion.

He said he didn't come to Halifax to be intimidated by the big guns.

"You've got to stay close with them. If you let those guys get ahead they're going to run you out of the building," said Richard, who fell to 0-2.

Richard said taking on the stronger teams early is not a bad thing.

"It takes a while for everyone to catch on to the ice, even Stoughton and Howard's rinks, so we gave ourselves good chances to win."

Howard, who moved to 3-0 yesterday to top the Brier standings after the fourth draw, said it was a real battle.

"B.C.'s really solid and they don't make many mistakes. Fortunately, we had the brick coming home," said the three-time Brier winner.

"We knew we had our hands full. They're a team that's going to do some damage this week."

THE CANADIAN PRESS

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Philadelphia 3 TORONTO 1
Detroit 5 Chicago 4
Vancouver 4 Nashville 2
Calgary 5 Minnesota 2
Pittsburgh 2 Boston 1
Carolina 4 Atlanta 0
Buffalo 2 N.Y. Rangers 1 (OT)
New Jersey at Edmonton
Montreal at Anaheim

NBA

YESTERDAY'S RESULTS

Philadelphia 114 TORONTO 101
Orlando 96 L.A. Lakers 94
Detroit 110 Houston 107 (OT)
Washington at Boston
Oklahoma City at Sacramento
Portland at Denver

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Nathan to get elbow checked out in Minnesota

Twins closer Joe Nathan is headed back to Minnesota to get his surgically repaired right elbow checked out. Nathan says he felt fine while he was working out before spring training games. But there was some soreness when he threw 20 pitches against the Boston Red Sox Saturday. THE ASSOCIATED PRESS

Sports in brief

NFL More than a year after two Minnesota Vikings sued the NFL over its anti-doping procedures, the closely watched case heads to trial today with sports leagues worried the outcome will hurt their ability to enforce drug policies across the country. The trial will attempt to settle a handful of labour issues and the big one is deciding who employs the players — the NFL, the Vikings, or both — when it comes to drug testing.

NBA Vince Carter had 25 points, Dwight Howard finished with 15 points and 16 rebounds and the Orlando Magic beat the Lakers 96-94 yesterday to hand Los Angeles its first three-game losing streak of the Pau Gasol-Kobe Bryant era. Carter made his first 13 free throws, showing signs of why Orlando made the move for the eight-time all-star after losing to the Lakers in last year's finals.

SOCCER Defending champion Chelsea beat Stoke 2-0 yesterday to line up an FA Cup semifinal against Aston Villa, which needed a second-half hat trick from John Carew to win 4-2 at Reading. Frank Lampard and captain John Terry scored Chelsea's goals at Stamford Bridge against a Stoke side that had knocked Arsenal and Manchester City out of the competition.

BASEBALL Jamaica is taking after its baseball-crazy Caribbean neighbours with plans for a new field supported by Major League Baseball. Island officials say the diamond will be part of a new stadium in Trelawny, west of the capital Kingston. MLB officials say it would be the organization's first investment in the Caribbean island if the project is approved.

STUCKEY Detroit Pistons guard Rodney Stuckey missed yesterday's game against the Houston Rockets, two days after collapsing during a game in Cleveland. Pistons coach John Kuester said Stuckey is continuing to undergo tests in Detroit.

METRO NEWS SERVICES

GMs set to tackle headshots

The issue of headshots in hockey will be put under the microscope when the NHL's 30 general managers gather this week.

It will be one of the many topics discussed during the annual GM meetings from today to Wednesday and seems to be the one most likely to result in a potential rule change.

It's something the GMs have grappled with a few times already. Former NHL Players' Association executives Paul Kelly and Glenn Healy raised the issue during a presentation at these meetings a year ago, saying it was the most important concern for players.

However, it didn't gain much traction then or during a subsequent meeting at the Stanley Cup final in June. The nature of the conversation changed when the group convened in November, prompted in part by a couple vicious hits early in the season — notably the one Mike Richards put on David Booth.

At that time, the managers began acknowledging that change might be in the air.

"(The conversation) was quite a bit different. Some of the guys who have taken a strong position that it may take hitting out of the game have adjusted their views a little bit," Carolina Hurricanes GM Jim Rutherford said then. "If we continue down what was talked about today then we will see a change ... I think if we got the direction that it appeared we were going, you will see a change for next year."

m.metronews.ca ScanLife

Bruins star Marc Savard was carried off the ice on a stretcher during yesterday's loss to the Penguins. Scan this code for the story.

Rutherford is one of eight GMs who will be tasked with discussing various aspects of headshots before it is tackled by the larger group. A decision could then be made to recommend a rule change, which would need to be approved by the competition committee and the league's board of governors.

Traditionally, the general managers have grappled with finding a way to make hitting safer without diminishing the physical aspect of the sport. For example, the Canadian Hockey League currently assesses an automatic minor penalty for any check to the head, but that hasn't been a solution that appeals to many of the NHL general managers because they feel it discourages hitting.

THE CANADIAN PRESS

Jays leadoff man Bautista starting off with a bang

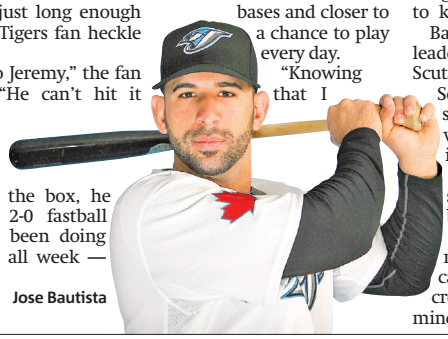
BASEBALL Two pitches into his first at-bat against Detroit starter Jeremy Bonderman in yesterday's 8-5 win over the Tigers, Blue Jays leadoff man Jose Bautista stepped out from the batter's box just long enough to hear a Tigers fan heckle him.

"Let's go Jeremy," the fan shouted. "He can't hit it anyway."

When Bautista stepped back into the box, he did to a 2-0 fastball what he's been doing to pitches all week — meeting it with a smooth, level swing.

The ball floated beyond the left-field fence while Bautista, last year's utility man and emergency leadoff hitter, trotted around the bases and closer to a chance to play every day.

"Knowing that I have a spot on the team, that gives me peace of mind knowing that I'm going to be here," said Bautista. "I definitely feel more relaxed. I'm preparing and hoping for good results. I just have to keep being consistent."



Jose Bautista

Bautista assumed the leadoff role when Marco Scutaro injured his heel last September, and this spring he's batting .636 with five extra-base hits in four games.

Scutaro's departure sets up Bautista for a breakout season.

Of Bautista's 13 home runs last season, 10 came after Sept. 1. He credits that to a change in mindset and mechanics at the plate, something the 29-year-old hopes to carry into this season.

"When you know what's going on and put it into practice it translates into those results. It's just being able to recognize the pitch before you attack, and not just swinging out of reaction because the ball is on top of you."

TORSTAR NEWS SERVICE

Cecil's turn

- Jays left-hander Brett Cecil says he will make his spring debut Wednesday against the Phillies, one week after he cut his left thumb while "chopping up chickens."

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Project Hero enlists another institution
Lambton College announced last week it has joined Project Hero, a scholarship program for children of Canadian Forces personnel killed in the line of duty. According to the program's website, 48 post-secondary institutions across Canada are now offering the scholarship. METRO NEWS SERVICES

Workology

Gender employment gap huge

Although there are 2.5 billion men and 2.5 billion women worldwide in the productive age, only 1.2 billion women are employed as opposed to 1.8 billion men, a difference of 600 million jobs. Fourty-eight per cent of women remain economically inactive, compared to 22 per cent of men. Such a gap will take many, many years to disappear. But the gender gap may even grow bigger. METRO WORLD NEWS

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Many women today are looking for a work-life balance that allows them time for family as well as career advancement.

Careers women want

International Women's Day

SYLVIA PUTZ
for Metro Canada

Ambitious young women starting out and rising in their fields today are determined to succeed, but some say they are not prepared to sacrifice like their moms and the boomer generation of women before them did.

"For the past three years, I have observed the new generation and their fierce determination for a balanced life, and a need to achieve both personal and professional success," says Aurea Crotty, founder of Savoir Faire Professionals, a development group for women in their 20s and 30s.

Career goals haven't changed, she says, but what has changed is their willingness to play by the old rules. They've seen the sacrifices their mothers and other pioneering women of the older generation were forced to make at home and in their work, and now they want to reap the benefits. "They've decided they want everything the boomer generation has achieved, without the sacrifices," says Crotty. "They are busy finding the career that fits the life they want."

"(Women) are busy finding the career that fits the life they want."
Aurea Crotty

Consider Karran Finlay, 34, of Vancouver:

"I have always been career-driven. I love what I do and I've always worked hard. I simply reached a point where I wanted to work hard on my own terms," says Finlay, 34, who formed Karran Finlay Marketing (KFM), her own home-based marketing and events agency, after 11 years of climbing the corporate ladder in her field.

She differs from her mom, who was forced to make choices when extra demands at home kept her from a career. "I admire the sacrifice my mom made, (but) I feel grateful there are more options today that offer my generation a few more choices."

After 11 years of hard work and gruelling hours in several advertising and public relations companies, Christina Carew, 33, of Halifax, was also ready for a change, and she too knew she wouldn't follow her mother's example. "I watched my mother work in a job she hated for years, … I knew that I didn't ever want to feel like I didn't have any options."

Last year, she founded Urbane Communications, her own public relations company, and she's never looked back. "In the last 10 months, I've been the happiest (I've ever been). I don't do it because I have to, I do it because I want to."

Women of Canada

- **EDMONTON** "My mom's hard-working and successful, but she's a workaholic. My brother and I had a live-in babysitter for that time. I do want to be very successful, but I don't want to go down that path," says Jessica Kennedy, 25. She is an account executive at a print management technology company.
- **OTTAWA** "My career is very important to me (but) not at the expense of other areas of my life. Our generation is fortunate that the sacrifices of the older female generation have broken down barriers and paved the way for women today," says Erin Moore, 30. She runs her own financial consulting business.
- **CALGARY** "After 12 years of travelling more than I was home, I called my director from an airport and resigned. I needed to create a career allowed me to find balance between family, work and personal time," says Leisha Laird, 36. She was in sales and marketing before she went back to school and opened up her own acupuncture and herbal medicine clinic.

Journey to the top

LEADERSHIP Kim Campbell made history as the first female prime minister in the history of Canada. Here's what she says about what she says about being powerful and being a woman in today's world

Kim Campbell

"In high school I was elected the first female president of the student council, which made me realize that I could be involved in politics in other ways. Local government is a great way of cutting your teeth in politics: You know your constituents and your decisions have an immediate impact. People yell at you, but you don't need thick skin; you just need perspective.

"After several years of local politics in British Columbia, I became Canada's first female minister of justice and minister of defence. (Soon) I was running for the leadership of my party (the old Progressive Conservative Party), it was high-stakes poker. Political reporters are some of the most conservative people I've met. I had two things against me: I wasn't from a big city, and I was a woman. They treated me like, 'We didn't make you. Where did you come from?'

"Female leaders are still seen as an anomaly. But we're often excellent leaders, so I tell young women to go for it. There are sacrifices and compromises in politics, but they are in any job, whether you're a man or a woman. And having a profession to return to helps." METRO WORLD NEWS

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MacEwan to shut down pool for expanded fitness centre

Grant MacEwan University will close its aquatic facilities as of July 1 in order to expand its fitness centre, which, unlike the pool, does not suffer from a lack of users. Closing the pool will save the university about $500,000 annually. METRO NEWS SERVICES

Wellness on a grand scale

OddJobs

Diane Peters

Metronews.ca/oddjobs

Dr. Arlene King focuses on preventing illness on a mass scale as chief medical officer of Ontario.

Growing up the eldest of five gave Dr. Arlene King early experience caring for others, even when it wasn't easy. "You get to be pretty tough when you have three younger brothers."

She started out studying nursing, but wanted more of a challenge. She switched to general science and then did a medical degree at McMaster University.

Then King, who's now 54, studied family medicine at the University of Calgary and worked as a family physician in the small northern Alberta town of Fairview. "I did about 25 years of medical practice in five years," says King. In her large catchment, she dealt with everything from childbirth to heart disease to farm injuries.

She noticed just how many accidents and illnesses among her patients could be prevented — and she wanted to be part of that. "I felt I needed to do training in public health."

So she did a masters in health sciences with a specialty in public health from the University of British Columbia. The degree taught her how to look at health not just from an individual perspective, but based on a larger population.

After graduation, she worked as associate medical officer of health for Burnaby, B.C. She did a few other jobs in B.C., including working for the province's Centre for Disease Control before she landed in Ottawa working for Health Canada on infectious diseases. She acted as the technical lead for the agency during the SARS outbreak.

Last fall, after ten years in Ottawa, she was named chief medical officer for Ontario.

The job started out with a bang: That's when H1N1 came along. She's been kept so busy with the flu strain that she's still being briefed on some aspects of her job.

Primarily, her job entails keeping Ontarians informed about current public health issues. So far, that's meant speaking a lot about H1N1 to the media, other medical professionals and regular people in the province. She aids in communications between the Ontario Ministry of Health and the new Ontario Agency for Health Protection and Promotion. She spends a lot of time talking with other chief medical officers — cities, provinces and Canada itself all have one — so that means lots of conference calls and face-to-face meetings.

King's days start out with reading the paper on the subway: She needs to know what's going on in public health in the news. She also reads a lot of medical journals, particularly to find out the latest in infectious diseases. Then, like many of us, she's on email most of the day, and in meetings, talking about health to anyone who needs to know.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Chief medical officer of health
Salary: Around $300,000
Education/training: A medical degree and special training in public health
Best Part of the Job: "Making a difference to the health of people in the province."
Worst Part of the Job: "I work long hours and I make time for family, but I don't always make time for myself."

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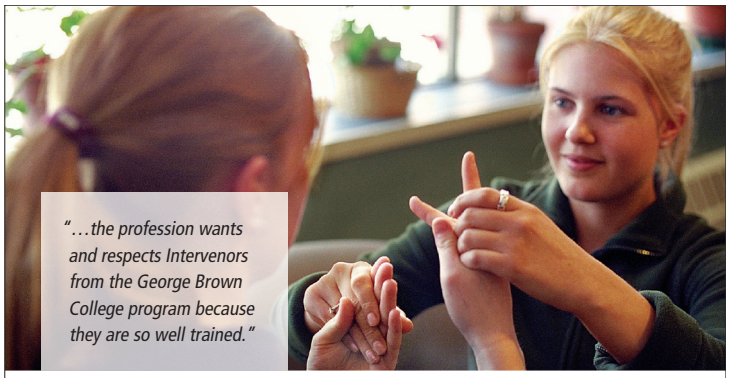
Billions for PSE infrastructure, research, training in federal budget
As outlined in its 2010-11 budget, announced last week, the federal government will provide $1 billion to support deferred maintenance, repair, and construction at post-secondary institutions. METRO NEWS SERVICES

Workology in **brief**

COLLEGES CHALLENGED FOR SPACE Ontario colleges are trying to solve an over-crowding problem at a time when overall applications are up 14 per cent. The schools are requesting $160 million from the province to create the space needed. A vice-president at Humber College, which received the largest number of applications among Ontario colleges, says additional funding would allow the school to meet demand for programs. METRO NEWS SERVICES



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Human library sets out to challenge prejudice

When Chris Langley volunteered to help out with a project at his university library last year, he didn't imagine he'd wind up becoming a book.

The 25-year-old master's student was intrigued by the notion of a human library, a space in which prospective readers scheduled half-hour time slots with real people and engaged in direct conversations about prejudice.

The Atheist

As an atheist, Langley felt his views and experience could help fill a niche in the library's catalogue and immediately put himself into circulation.

The last-minute addition proved a popular attraction, with all but one of his available time slots filling up over a two-day stretch.

The atheist book was back on shelves for the 2010 edition of the human library, which began last week at the University of Guelph. The man behind the cover was keen to re-engage with readers on an issue he feels is often misunderstood.

"The prejudice I feel is invisible. It's more a stigma attached to the label," Langley said in a telephone interview from the university campus. "We're thought of as evil, callous and even shallow."

Readers who check out Langley's book will not be subjected to a lecture about the virtues of his personal religious choice, he said. Readers are strongly encouraged to come with questions and engage him in conversation on spiritual matters of every ilk.

"Last year, readers were curious about how I can view the world without a supernatural power, how I cope when I lose loved ones, how I cope without an afterlife," he said.

Living with HIV

Michael Boterman, another one of last year's literary offerings, experienced a diverse range of dialogues during his stint on library shelves. As a book entitled Living with HIV, the 50-year-old campus staff member attracted a wide readership whose reactions ranged from curiosity to fear.

Boterman said the conversations gave him a chance to combat widespread ignorance on the subject and influence commonly held attitudes.

"Some of the people that came and read my book would show a lot of pity. I've had this condition longer than most of my readers have been alive. That kind of made them stop and think," he said.

Sri Lankan Conflict Survivor

Guelph staff member Lisbeth Sider had her preconceived notions challenged last year when she checked out a book entitled Sri Lankan Conflict Survivor.

Expecting to hear harrowing tales of domestic terrorism, Sider instead listened to accounts of rebels who treated those on the opposing side with relative kindness despite their profound political differences.

"It's not all black and white," she said. "You expect one thing and the reality is something very different."

Last year's event, which attracted 163 readers and 32 human books, proved the strategy was working, he said.

"There were all these people having really intense conversations about sometimes very difficult things," Mike Ridley, the university's head librarian said. "Libraries are all about helping users make sense of the world. Here was an event where users were making sense of the world just by talking." METRO NEWS SERVICES

This year's books

- The two-day event has expanded this year, with 376 slots available for the 36 books on offer.
- Members of the campus community and general public are invited to browse the collection which includes titles such as Dykes & Tykes: A Tale of Lesbian Motherhood; Female Race Car Driver; Living With Obsessive-Compulsive Disorder and Transsexual Guy.

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Tweet yourself into a new job

Can you keep your resume under 140 characters?

You may be able to tweet your way into a new career, according to Susan Britton Whitcomb, Deb Dib and Chandlee Bryan, co-authors of the recently published book The Twitter Job Search Guide. The micro-blogging website is changing how people hunt for work, they said.

"In the past, you had to go through a maze of gatekeepers to get to the cloistered person in charge of hiring decisions," Britton Whitcomb said. "Now you can have access to them with the click of a 'Follow' button. The ability to level the playing field — placing you nearly peer-to-peer with influencers, leaders and hiring authorities — is extremely powerful."

> **"Now you can have access to (the people in charge of hiring) them with the click of a 'Follow' button."**
> Susan Britton Whitcomb

The authors give these tips for your short and sweet, real-time job search:

- **Active participation is essential:** Take the time to regularly expand your network and engage others. Building relationships online requires patience, but you should be able to enhance your reputation and develop a fan base using just 15 minutes a day.
- **Be transparent:** When reaching out to a hiring manager or person with influence about a job, make sure the relationship is give-and-take in some way. Don't just ask them to give you a position. Instead, give advice or demonstrate expertise on a subject that matters to them, and let them know you're looking for work.
- **Update:** Be sure to post regular updates about your job search, and acknowledge those who are helping you along the way.
- **Specifics:** Be specific when it comes to your career objectives, skills, interests and your brand.

"Successful job seekers have a distinct brand that helps their networking contacts and prospective employers get a quick picture of who they are, how they work and how their talents would bring value to the table," Dib said.

THE CANADIAN PRESS

Workology in brief

MILLENIALS LOVE THE EDUCATION Millennials are on track to become the most educated generation in American history, reports a new study from the Pew Research Centre. Census data shows that among 18- to 24-year-olds, a record share of 39.6 per cent was enrolled in college as of 2008. About half of Millennials currently enrolled in high school or PSE plan to pursue a graduate or professional school degree.

DALHOUSIE SEEKING INPUT Dalhousie University held public sessions in New Brunswick last week to find out what qualities Maritime patients would like to see in future doctors. The university will use the input from these sessions, as well as those held in Nova Scotia and P.E.I., to help design the curriculum for the new medical education program in Saint John, set to launch this September.

ONTARIO TOUGHENS RULES Starting April 15, schools in Ontario that provide substandard security and investigator training will be subject to police and government investigation if they do not comply with new provincial regulations.

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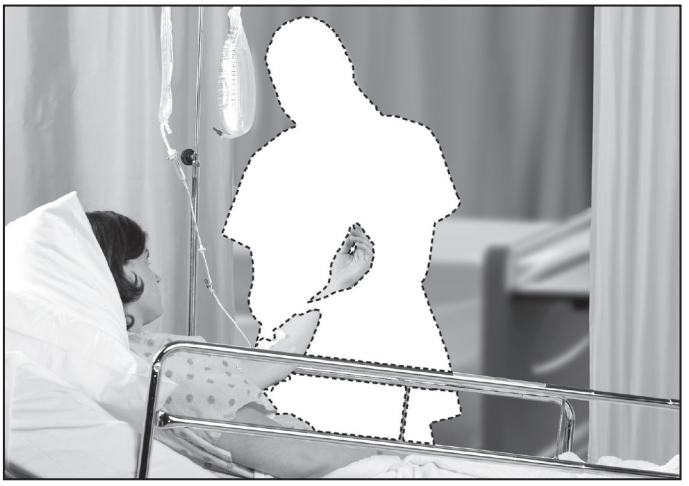

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Grey's Anatomy drops docs

It looks like Grey's Anatomy will be down two doctors next season, and, believe it or not, neither of them are played by Katherine Heigl. Sources confirm that Mercy West transplants Robert Baker (Dr. Percy) and Nora Zehetner (Dr. Adamson) are not expected to return next season. EW.COM

Entertainment

Scent of a woman

Jennifer Aniston is to become the latest celebrity to create a perfume line. She is said to have teamed up with beauty industry bosses to follow in the footsteps of stars like Halle Berry and Jennifer Lopez. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Canadian director Jason Reitman and wife Michele Lee arrive at the Oscars.

THE ASSOCIATE PRESS PHOTOS

Mo'nique picks up the best supporting actress award for her role in Precious.

Ben Stiller presents the award for best makeup dressed up as a Na'vi character from James Cameron's Avatar.

Locker has a blast at Oscars

Bigelow becomes first woman to win directing award

Kathryn Bigelow made history last night, becoming the first-ever woman to win the best director trophy at the Academy Awards for The Hurt Locker, which also won best picture.

"There's no other way to describe it, it's the moment of a lifetime," said Bigelow.

Jeff Bridges won the best-actor Oscar for his turn as a boozy country singer trying to clean up his act in Crazy Heart.

The win marks a career peak for Bridges, a beloved Hollywood veteran who had been nominated four times in the previous 38 years without winning.

Bridges held his Oscar aloft and thanked his late parents, actor Lloyd Bridges and poet Dorothy Bridges.

"Thank you, Mom and Dad, for turning me on to such a groovy profession," said Bridges, recalling how his mother would get her children to entertain at parties and his father would sit on the bed teaching him the basics of acting for an early he landed on his dad's TV show Sea Hunt.

"I feel an extension of them. This is honouring them as much as it is me," Bridges said.

Sandra Bullock nabbed the best actress prize for her role in The Blind Side.

Villainous roles snatched the supporting-acting prizes: Precious co-star Mo'Nique as a contemptible mother and Inglourious Basterds co-star Christoph Waltz as a sociable Nazi fiend.

Both performers capped remarkable years, Mo'Nique startling fans with dramatic depths previously unsuspected in the actress known for lowbrow comedy and the Austrian-born Waltz leaping to fame with his first big Hollywood role.

"I would like to thank the academy for showing that it can be about the performance and not the politics," said Mo'Nique, who plays the heartless, abusive welfare mother of an illiterate teen (Gabourey Sidibe, a best-actress nominee in her screen debut) in the Harlem drama Precious: Based on the Novel Push by Sapphire.

Mo'Nique added her gratitude to the first black actress to win an Oscar, Hattie McDaniel, the 1939 supporting-actress winner for Gone With the Wind.

"I want to thank Miss Hattie McDaniel for enduring all that she had to so that I would not have to," she said, adding thanks to Oprah Winfrey and Tyler Perry, who signed on as executive producers to spread the word on Precious after it premiered at last year's Sundance Film Festival.

Precious also won the adapted-screenplay Oscar for Geoffrey Fletcher.

"This is for everybody who works on a dream every day. Precious boys and girls everywhere," Fletcher said.

Waltz's award was presented by last season's supporting-actress winner, Penelope Cruz, who gave Waltz a kiss as he took the stage.

"Oscar and Penelope. That's an uber-bingo," Waltz said.

THE ASSOCIATED PRESS

Winners take all

- **Best Picture:** The Hurt Locker.
- **Director:** Kathryn Bigelow, The Hurt Locker.
- **Actor:** Jeff Bridges, Crazy Heart.
- **Actress:** Sandra Bullock, The Blind Side.
- **Supporting Actor:** Christoph Waltz, Inglourious Basterds
- **Supporting Actress:** Mo'Nique, Precious: Based On The Novel Push by Sapphire
- **Animated Feature Film:** Up
- **Adapted Screenplay:** Geoffery Fletcher, Precious
- **Original Screenplay:** Mark Boal, The Hurt Locker
- **Foreign Film:** The Secrets in Their Eyes (Argentina)
- **Costume Design:** Sandy Powell. The Young Victoria.
- **Editing:** Bob Murawski and Chris Innis, The Hurt Locker
- **Cinematography:** Mauro Fiore, Avatar.
- **Documentary Short:** Music by Prudence.
- **Makeup:** Barney Burman, Mindy Hall and Joel Harlow, Star Trek.
- **Visual Effects:** Joe Letteri, Stephen Rosenbaum, Richard Baneham and Andrew R. Jones, Avatar
- **Original Score:** Michael Giacchino, Up
- **Original Song:** The Weary Kind, Crazy Heart.

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Hosts Steve Martin, left, and Alec Baldwin have fun with 3-D glasses.

Hollywood Votes

Academy Awards

In and around the Oscars

FULL TWEET AHEAD: Just in case there isn't enough Internet buzz about the Oscar red carpet, the motion picture academy and sponsor Kodak invited a few bloggers to tweet from the fan bleachers this year.

Marsha Takeda-Morrison, who blogs about parenting in Los Angeles at SweatPantsMom.com, posted a link to a photo of herself on Twitter. "Me on (OK — near) the Red Carpet!" she tweeted. "I think the companies are starting to see the power of social media and word of mouth," Takeda-Morrison said as she took her seat.

SECURITY FIT FOR 'GODS': Security has gotten tighter every year since the Academy Awards moved to the Kodak Theatre in Hollywood, according to residents of the area.

"The security is excessive, completely exaggerated," said Alfonso Puicercus, a hotel manager from Barcelona, Spain, who wanted to see the red carpet for himself. "They treat these stars like gods who can't mix with the rest of us. But they're not."

EAT LIKE THE STARS: Reporters, vendors and other non-famous folks had a chance to party like movie stars Saturday at the Governors Ball preview. Guests got a glimpse at the art-deco, supper-club setting inside Hollywood&Highland's grand ballroom. They sampled the paella, sushi and tiny crab cakes that A-listers dined on yesterday after the Academy Awards. THE ASSOCIATED PRESS

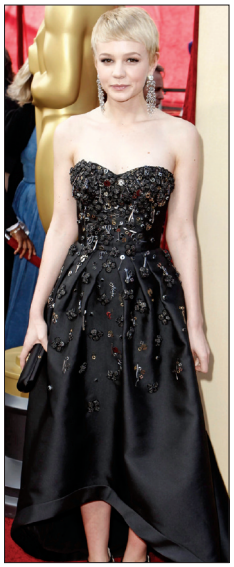
Doggie Howser
Neil Patrick Harris is the narrator of a PBS documentary exploring the bond between service dogs and those they help. Harris recorded the narration this week for Through A Dog's Eyes, which is set to air next month. THE ASSOCIATED PRESS

They walked the red carpet

Hollywood Votes
Academy Awards

Metro takes a look at the stars who dazzled the red carpet at the 82nd Annual Academy Awards last night.

ALL PHOTOS BY THE ASSOCIATED PRESS



British actress Carey Mulligan, star of An Education.

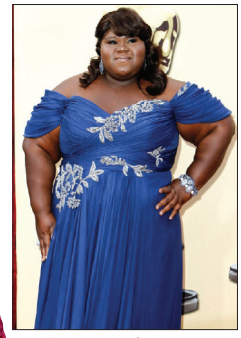
Precious star Mariah Carey turns up the glam.

Kate Winslet continues with her elegant look at the Oscars.

Canadian actress Rachel McAdams goes with the flow.

Vera Fermiga, star of Jason Reitman's Up In The Air, turned up as the lady in red.

Up In The Air star Anna Kendrick.



Precious star Gabourey Sidibe.

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Fringe renewed for season three

Fringe has been renewed for a third season, The sci-fi series, executive produced by J.J. Abrams, has struggled ratings-wise in its second season after moving from Tuesdays to Thursdays. TVGUIDE.COM

Beyonce is declared a 'Brooklynite'

Singer Beyonce recently opened a cosmetology school in New York City.

MUSIC The president of Brooklyn has declared Beyonce an official Brooklynite.

Borough President Marty Markowitz said Beyonce is a Brooklynite by marriage and by moxie. Beyonce's husband, Jay-Z, is from Brooklyn.

The superstar visited the New York City borough Friday for the opening of the Beyonce Cosmetology Center at a residential substance abuse treatment centre.

The Phoenix House offers programs for residents in carpentry, building maintenance, computer technology and culinary arts.

Beyonce said she thought it also should have more programs geared toward women. She said her mother's Houston salon helped so many people feel good about themselves and better their lives.

Beyonce first spent time at Phoenix House when preparing for the role of Etta James in the 2008 film, Cadillac Records.

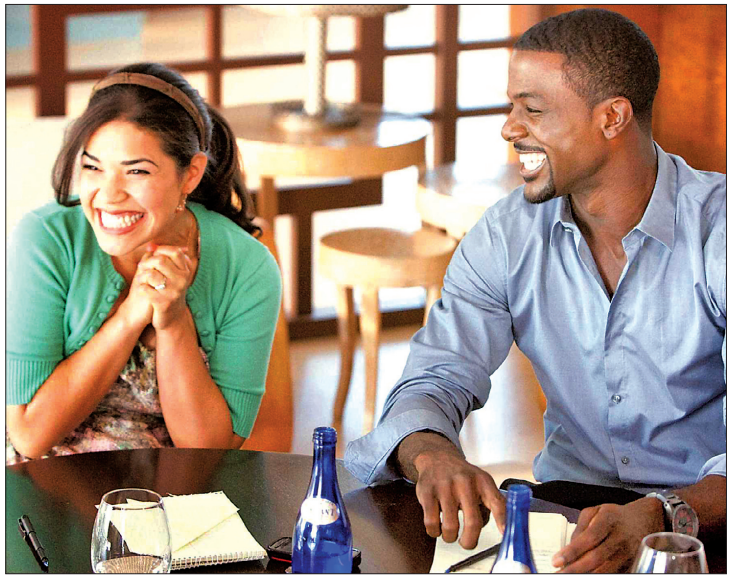
THE ASSOCIATED PRESS

Life after Ugly Betty

TV star sad to see show go, but is busy with film work

NED EHRBAR
Metro World News

It's time to say so long to Ugly Betty as America Ferrera returns to the big screen this month with Our Family Wedding, a culture-clash comedy about a Mexican-American law student (Ferrera) who brings her African-American fiancé (Lance Gross) home to meet her caught-off-guard family and announce their engagement. It's the actress' first film since the announcement that her four-year-old ABC comedy won't be returning in the fall.



America Ferrera and Lance Gross star as a newly engaged couple in Our Family Wedding.

"I love this character. I've grown so close to her in playing her," Ferrera says, reflecting on the unfashionable fashion editor that earned her a Golden Globe and an Emmy. "It's going to be hard to say goodbye, but I'm so proud of what we've done with it, and proud of what it's meant to so many people. I think that we're going to get a chance to really wrap it up and give the characters their due justice.

"I'm just grateful that they didn't just pull the plug without finishing the story lines."

She's keeping busy beyond Betty, of course, with projects like Our Family Wedding, which gave her a chance to re-team with veteran Latina actress Lupe Ontiveros, who appeared in Ferrera's breakthrough debut, Real Women Have Curves. It was an opportunity the younger actress relished.

"I can't even explain how much I owe to her. She played a hundred maids so I could come in and take a part like Betty," Ferrera says. "She's such an incredible talent, and so incredibly underused, and I think that everyone who has seen her work knows that she's a star and she should've been at the level of Meryl Streep."

Later this spring, Ferrera will be heard if not seen in the upcoming How to Train Your Dragon, voicing a fierce dragon-slayer — something of a departure from Betty Suarez. And that's just what Ferrera was looking for.

"She is tall and blond and has blue eyes and has a kick-ass body," Ferrera says of her character, Astrid. And Ferrera admits she didn't think she was a likely choice for an animated feature.

"It's going to be hard to say goodbye, but I'm so proud of what we've done. ... I think that we're going to get a chance to really wrap it up and give the characters their due justice."
America Ferrera, on the end of Ugly Betty

Our Family Wedding comes out Friday

"I don't have like a Disney princess voice, obviously," she says. "I've always had a raspier voice since I was younger."

With three movies out this year and a TV show winding down, the actress and producer isn't too concerned with filling up her dance card. But would she entertain the idea of doing another series anytime soon?

"I would entertain sleeping for three months," she says with a laugh. "And then taking a long, deep breath and seeing what happens organically and naturally after that."

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Robert Pattinson and Emilie de Ravin star in Remember Me.

An Englishman in New York

Remember Me doesn't fit into 'mould': Pattinson

Movie **feature**

NED EHRBAR
Metro World News

Robert Pattinson has been playing Americans so often that he's forgotten how to talk like a Brit.

In his latest, Remember Me, the Twilight heartthrob stars as a soulful young New Yorker attending NYU, but he insists he didn't need any help sounding like a native. "I've never had a dialect coach or anything," Pattinson says. "Ironically, I've only had a dialect coach for this film I'm doing now, which I'm doing now in an English accent. I guess I've forgotten how to do an English accent."

Part of what attracted Pattinson to Remember Me — a mix of love story and family drama in which two college students (Pattinson and Lost star Emilie de Ravin) fall for each other — was that it didn't follow a traditional love story mould.

"The way the plot was structured, it didn't fit into any kind of normal category. It didn't seem very formulaic," Pattinson says. "When you meet someone who you feel whatever for, it doesn't necessarily mean that that's a finish line — like, 'Oh, you'll be all right now afterward.' People now, everyone does all of these things because they think they should be happy like all the time. Doing therapy, and taking antidepressants and all of these things."

"Ironically, I've only had a dialect coach for this film I'm doing now, which I'm doing now in an English accent. I guess I've forgotten how to do an English accent."
Actor Robert Pattinson

While he didn't struggle with the accent, the actor admits filming on location in New York City wasn't easy, especially with the constant attention from diehard Twilight fans and paparazzi. "The first two weeks were kind of crazy," he remembers. "It was annoying people as well, that all of these crowds came and disrupted people's days."

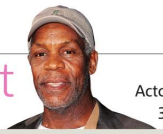
Pattinson has tried to harness his feelings about the constant attention to use for his performance.

"I was trying to figure out a way to use the sort of rage that was built up, but you couldn't really use it for that character," he says. "If the same thing had happened during this movie that I'm doing now, it would have been perfect and I could have gone around hitting paparazzi and it would have been great because I would have been staying in character."

Consider that a warning to any photographers hanging around the set of Bel Ami, based on the French novel by Guy de Maupassant. Pattinson says he was keen on taking on the new project because it was a departure from the vampire character that's made him an international star.

"I thought there was a kind of irony in Bel Ami, because a lot of the women are attracted to this character and then he kind of screws them over and steals their money and stuff," Pattinson says.

Remember Me opens Friday



Glover boycotting Boss

Actor/activist Danny Glover is calling on Academy Awards nominees not wear Hugo Boss suits at Sunday's awards ceremony on behalf of the 375 Cleveland factory workers who'll lose their jobs if the German company closes the plant next month as planned. THE ASSOCIATED PRESS

Razzies prove no one is off limits

Sandra Bullock warmed up for the Academy Awards with a stop at the Razzies to collect a dubious honour: A worst-actress prize for her romantic comedy flop All About Steve.

Bullock swung by the Razzies on the eve of her expected triumph at Sunday's Oscars, where she is considered the favourite to win best actress for The Blind Side. If she wins Sunday, Bullock will be the first person to win an Oscar and a Razzie over the same weekend.

"I think this is an extraordinary award," said Bullock, who had promised throughout awards season that if she won the Razzie, she would accept it in person.

"And I didn't realize that, in Hollywood, all you had to do was say you'd show up, and then you'd get the award. If I'd known that, I would have said I was appearing at the Oscars a long time ago."

Transformers: Revenge of the Fallen was picked as last year's worst picture and won two other Razzies, worst director for Michael Bay and worst screenplay for Ehren Kruger, Roberto Orci and Alex Kurtzman.

Bay and his team probably will not lose any asleep over it. Though reviled by critics, Transformers took in $402.1 million domestically, No. 2 on the 2009 box-office chart behind Avatar.

Bullock, who also shared the Razzie for worst screen couple with All About Steve co-star Bradley Cooper, was the first acting winner to show up at the Razzies since Halle Berry won worst-actress for Catwoman five years ago.

GETTY IMAGES

The Jonas Brothers shared the top spot in the worst-actor category

As she took the stage, Bullock pulled a little red wagon filled with DVDs of All About Steve, saying she was giving a copy to everyone in the audience of about 300.

Bullock implied that many Razzie voters had not actually seen the movie but cast ballots for her hoping to get her to show up at the awards. Bullock said if they watched the DVD — "I mean really watch it." — and decided it was not the worst performance of the year after all, then she would come back next year and "give back the Razzie. ... then we'll go drink afterwards."

> **"I didn't realize that, in Hollywood, all you had to do was say you'd show up, and then you'd get the award."**
> Sandra Bullock

The worst-actor Razzie went to siblings Kevin, Joe and Nick Jonas for Jonas Brothers: The 3D Concert Experience.

The Jonas' pal Miley Cyrus, star of Hannah Montana: The Movie, lost the worst-actress category to Bullock. But her dad, Billy Ray Cyrus, was named worst supporting actor for the big-screen Hannah Montana.

Sienna Miller received the worst supporting-actress Razzie for the action tale G.I. Joe.

Will Ferrell's action comedy flop Land of the Lost had come in tied with Transformers for the Razzies lead with seven nominations, but it was nearly shut out in every category.

Once ballots had been counted from the roughly 650 Razzies voters, Land of the Lost was tied for the group's worst remake, rip-off or sequel prize. Razzies founder John Wilson, who always votes last, gave the tie-breaking vote to Land of the Lost.

"It really did stink and I thought, well, it ought to get something, because it is a very bad movie," Wilson said.

Razzie voters also made worst-of-the-decade picks, with John Travolta's science-fiction debacle Battlefield Earth winning worst picture.

Among all-time Hollywood dreck, Battlefield Earth is "like the 800-pound mongrel gorilla in the room," Wilson said. "It's one of my favourite type of bad movies. It's so bad, it's entertaining, in ways that the people who made it had no idea it would be."

Paris Hilton was chosen as the decade's worst actress for movies such as The Hottie and the Nottie and Repo: The Genetic Opera. Eddie Murphy, a 2009 Razzie nominee for Imagine That, was named the decade's worst actor for such bombs as The Adventures of Pluto Nash, I Spy and Meet Dave.

THE ASSOCIATED PRESS

THE MUNRO FAMILY
37A-B-C

KATE ZULU
42D

Spirited away by moving movies

FILM AWARDS The Harlem drama Precious won five prizes Friday at the Spirit Awards honouring independent film, including best picture and trophies for stars Gabourey Sidibe and Mo'Nique and director Lee Daniels.

Sidibe won best actress for Precious: Based on the Novel Push by Sapphire, playing an illiterate teen pulling herself out of an abyss of neglect and abuse. Mo'Nique earned the supporting-actress honour as the girl's loathsome mother.

Jeff Bridges won best actor for the country-music tale Crazy Heart and Woody Harrelson won supporting actor for the war-on-terror drama The Messenger.

All four acting winners are up for the same honours at Sunday's Academy Awards, where Bridges and Mo'Nique are the front-runners and newcomer Sidibe was nominated for her screen debut.

"Gabby, you are truly a special gift to the universe, baby," Mo'Nique said. "For people to get to know you and be in your presence, they are all honoured."

Precious swept every category for which it was nominated, including best screenplay by a first-time writer for Geoffrey Fletcher. He and director Daniels also are nominated at the Oscars, where Precious is among the best-picture contenders.

GETTY IMAGES

Gabourey Sidibe won the best actress award for her role in Precious

Sidibe said her mother used to give her two dollars to go to school and that she saved the money to see an independent film, Welcome to the Dollhouse, at a theatre her bus would drive past.

"Hey, I could do that," Sidibe said. "To be corny, you could say that's when my independent spirit was born."

Accepting the directing award, Daniels wisecracked, "Kathryn Bigelow's not here tonight. I am," referring to the maker of The Hurt Locker, the favourite to win best director at the Oscars (it premiered at film festivals in 2008 and was eligible for the Spirit Awards a year ago, when it earned nominations for actors Jeremy Renner and Anthony Mackie).

Another best-picture Oscar nominee, Lone Scherfig's British drama An Education, was chosen as best foreign film.

Harrelson won for his role as a soldier breaking news to next of kin that a love one has died in action. He had kind words for the other nominees, who included fellow Oscar contender Canadian Christopher Plummer for the Leo Tolstoy drama The Last Station.

"You're all better," Harrelson told his competitors. "Actually, I don't know how you distinguish one performance from another. It's never felt right to me to declare a winner. We're all just actors and lucky to be doing this. Of course, now it feels a little more right."

THE ASSOCIATED PRESS

What are they?

The Spirit Awards

Presented by the cinema group Film Independent, the Spirit Awards honour movies that cost less than $20 million to make, with a significant part of their budget originating outside the Hollywood studio system. Other criteria for nominations include originality and provocative subject matter.

LINDSAY PERRY
21J

Wasilla is the place to be

COMEDY Comedian Kathy Griffin has brought her Life on the D-List show to Sarah Palin's home state, skewering the former Alaska governor at a raucous show in Anchorage.

Griffin was escorted on stage on Friday by Playgirl model Levi Johnston, who fathered a child with Palin's oldest daughter and is involved in a child support battle with Bristol Palin.

> **"Griffin said she spent a day ice fishing with Johnston."**

Griffin said she spent a day ice fishing with Johnston in Wasilla, and was surprised when 19-year-old Levi's friend brought along a camera — but only to photograph the fish they caught.

Griffin helped Johnston's celebrity star to rise, taking the aspiring actor to an awards show last year as her date. While in Wasilla, Griffin said she also went to Palin's home. There she left a note, inviting Palin to Friday's performance.

She asked the crowd to look around and see if anyone was doing a beauty pageant wave. While in college, Palin finished third in the Miss Alaska beauty pageant.

Griffin said John McCain picked Palin to be his running mate on the Republican ticket after "talking to her for 10 minutes."

Of Palin's comedy monologue this week on The Tonight Show, Griffin only promised the audience she would never try to be a mayor.

Griffin welcomed news that Palin is trying to shop a reality show or docudrama about Alaska. She called that a "gift from God."

Griffin was in Anchorage to coincide with Saturday's start of the Iditarod Trail Sled Dog Race.

THE ASSOCIATED PRESS

Most Wanted helps find criminal
A murderer placed just last week on the U.S. Marshal's 15 Most Wanted list is now in custody — thanks to a segment featuring America's Most Wanted host John Walsh on Friday morning's Live! with Regis and Kelly. USMAGAZINE.COM

Good cop, bad cop

Battlestar's Douglas plays head of a police union on The Bridge

IAN JOHNSTON
for Metro Canada

Aaron Douglas' face may be splashed all over subway stations and bus stops these days, but it hasn't changed who he is in the minds of fans.

Douglas – who is currently starring in the new CTV cop series The Bridge – says he still gets recognized for that other role – as Galen Tyrol on Battlestar Galactica.

"It's funny because I'll be in the street and here's my face everywhere (for The Bridge) but people still come up and want to talk about Battlestar Galactica."

That wasn't always so. When Battlestar premiered in 2003, it didn't exactly earn immediate respect.

"It was scoffed at by critics when it came out. But viewers loved it. Now I feel it's transformed a little how people look at science fiction," says Douglas.

The Bridge is sure to help change people's image of the actor. In the series, he plays Frank Leo, a tough-as-nails beat cop who is driven by his own anger with the system to become the head of the police union.

That act puts him right between the police brass and the cops he works with. It's a balancing act that Leo must negotiate on a daily basis.

"It's not a pro-cop show, which I think maybe people might expect. But it's a pretty factual, truthful one," says The Bridge creator Craig Bromell, a former Toronto police union head, who serves as executive producer on the series.

"I think he (Douglas) really nailed the part. He got it."

Still, being realistic can get pretty dark at times. Bad cops, drug deals, corruption, blackmail, suicide — it's all in The Bridge and more.

"I showed it to a couple of cop friends and they liked it, though they wished there were less bad cops," says Douglas.

"So I asked them if they knew any bad cops. And they said of course. I think what it (The Bridge) plays on is that cops are just human beings."

The Bridge airs Fridays at 10 p.m. on CTV

Actor Aaron Douglas stars in the new CTV cop series The Bridge.

New Avator video game a flop

TECHNOLOGY Canadian director James Cameron might have Oscar's golden touch at the box office, but when it comes to video games he appears to have lead fingers.

His movie Avatar is the highest-grossing film of all time with nine Academy Awards nominations.

But his two-year project to produce a video game version of Avatar? He's lucky they don't hand out Razzies for games.

Ubisoft, a game-maker with operations in Montreal, says Cameron saw the project as an extension of his film and worked closely on it to create new scenarios not used in the movie.

Despite those efforts, the father of box-office blockbusters like Titanic and The Terminator has helped produce the video game equivalent of Ishtar — a memorable flop.

Current sales of Avatar, the game, stand at 2.5 million copies, according to Xboxygen, an online magazine. This falls far short of Ubisoft's initial goal of five million. THE CANADIAN PRESS

Weekend box office

1. **Alice in Wonderland:** $116.3 million US
2. **Brookyn's Finest:** $13.5 million
3. **Shutter Island:** $13.3 million
4. **Cop Out:** $9.1 million
5. **Avatar:** $7.7 million
6. **The Crazies:** $7 million
7. **Percy Jackson & the Olympians: The Lightning Thief:** $5.1 million
8. **Valentine's Day:** $4.3 million
9. **Crazy Heart:** $3.4 million
10. **Dear John:** $2.9 million

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Muse is in town tonight fresh off the band's double win for best British band and best website at the fan-voted NME awards.

Muse rise to the top

BRIAN TOWIE
Metro Canada

Christopher Wolstenhome wants to make it absolutely clear that Muse has no political stripe of any kind, at least not in any way they'd like you to know about.

The bassist of the heavyweight alt-rockers from Devon, England, fresh off of his band's double win for best British band and best website at the fan-voted NME awards, defended Muse's track Uprising. The single off of last year's chart topping full-length album The Resistance has caused a bit of an uprising itself as an unofficial anthem adopted by the neo-conservative "Tea Party" movement in the U.S. for its seemingly libertarian subject matter (the irony of co-opting a British band's song notwithstanding).

Music critics have also challenged the track as sounding eerily close to Nickelback's Burn It To The Ground with its aggressive, swinging chords and Billy Idol's White Wedding with its opening synth progression.

"We obviously don't want to be associated with Nickelback. That's for sure," asserts Wolstenhome, who adds the band is not familiar enough with either aforementioned song to court plagiarism. "And we don't want to be seen supporting any political party. That's not something we're interested in. We've obviously got our own political views and some of them might come across in the music, but I think most people get what we're about."

Albums such as The Resistance always get some manner of blowback, for better or worse. The trio of Wolstenhome, guitarist and singer Matthew Bellamy and drummer Dom Howard opted to produce what could be their most ambitious album in their 16-year career. A boon to their creative gusto, Muse let its collective musical id run wild, birthing the highly praised 13-minute three-part orchestral epic Exogenesis: Symphony. It's a nearly impossible series to play live due to its virtuosity (so if you've got Coachella Festival tickets for April don't expect to hear it).

"We can get through Part 1 and people love it, but for the other two we'd need about two more trucks and three more busses for all the players," laughs Wolstenhome. "There always has been a slight classical element to this band and our challenge has always seemed to be taking these classical excerpts we've written and incorporate them somehow."

The bane, however, lies in mixing friendship and business, finding the fine line of telling a bandmate and a friend to step up their game if they've laid an egg in the studio — a situation Wolstenhome admits the band faced numerous times — without putting their proverbial backs against the wall. With no impartial producer as a referee, egos can get bruised and bruise back in turn.

"There are pros and cons, yeah. How do you tell your best mate what he played was shit?" asks Wolstenhome. "But you stay professional and keep your egos aside. You get on with it."

In Concert

- Muse perform tonight at the Air Canada Centre.

Wonder gets French Arts and Letters medal

PEOPLE It's taken nearly 30 years, but Stevie Wonder has finally received his medal for being named into France's prestigious National Order of Arts and Letters.

The Motown great was in the French capital to perform and be honoured at France's biggest musical awards show Saturday.

Wonder said: "All this in one day, it's almost too much for me. I'm breathless."

Culture Minister Frederic Mitterrand riffed off several of the pop star's hits at a Paris ceremony. "I just called to say 'We love you'," the minister said, referring to the French people.

One of Mitterrand's predecessors in 1981 named Wonder as a "Commander" in the order, its highest rank. Officials said Saturday that scheduling conflicts had delayed Wonder's formal decoration.

THE ASSOCIATED PRESS

Paisley trips on stage
Brad Paisley is recovering after he tripped and took a tumble during a concert in South Carolina. Spokeswoman Darlene Bieber said the country star was singing his encore — Alcohol — when he fell Saturday night, but he got back up and finished his show. THE ASSOCIATED PRESS

What we can all learn from digital dating

Socialite

Rea McNamara
metronews.ca/socialite

If there's any lessons one can get in "identity management" — that careful curation of who you "are" online — look no further than the digital dating profile.

First, there's that all-important profile picture — finding those "best light" multiple headshots that visually communicate who you are and what your lifestyle is. Then there's the off-hand but carefully-worded profile (like that quirky "first date" description), and then, the first message you send that either makes (a casual "how's it going?") or breaks (a "ur hot!!11" compliment) that offline coffee date.

Perhaps this seems all too rehearsed and deliberate. But how's this any different from the time you spent concocting your LinkedIn professional headline or the care you put into live-tweeting reactions to the Oscar's red carpet fashions?

Like it or not, identity management is work, but there's still a certain amount of freedom granted. Whereas in real life we have bad hair days and more often than not, spend our Saturday nights in, online can be an entirely different story. Your hair always looks fabulous (and if not — well, that's what un-tagging is for) and as far as your Facebook friends know, you did RSVP "attending" that downtown dance party.

Kim Hughes, the Dating and Relationships expert for Canadian dating brand Lavalife.com, thinks that we're finally reaching a point online where we take for granted online this deliberate curation.

"We accept that people have a somewhat public face on LinkedIn while the face on Lavalife will underscore the more romantic side, which differs entirely from that Facebook profile," says Hughes. "It's not difficult to reconcile that if it comes from an authentic place."

But authenticity is a tricky thing. A 2008 Cornell University study assessing online dating profiles' "deceptive self-presentation" found that we regularly fib about our age, weight and income. These inaccuracies however were proven to be so subtle and small, since the online users were still intent on making that offline coffee date happen.

"The great thing about Facebook is that people tend to be uninhibited because they have a measure of control over who sees their profile, so they tend to be more forthcoming and natural," explains Hughes. "If somehow we could bring that over to the online dating side, that would benefit everyone."

Rea McNamara writes about the on/offline statuses of niches and subcultures. Follow her on Twitter @reeraw

Better dating

- Lavalife's Three Tips to a Better Online (Dating) Profile
1. Add more photos. "In the age of digital photography, there's no excuse for not having clear and accurate storytelling photos," says Hughes.
2. Be specific: "When you're listing hobbies, be granular. Don't just tell me you're a film fan – talk about liking specific genres or films."
3. Use a trusted friend as an editor: "You can look at something fifteen times and a friend can look at it and catch all those spelling mistakes."

"Like it or not, identity management is work, but there's still a certain amount of freedom granted."

Woodhands goof off

Electro-rock duo blends gritty synths and sweaty beats

BRIAN TOWIE
Metro Canada

Note to the good folks at Pitchfork Media: Relax, people, Woodhands is only kidding you.

The Toronto-based indie electro-rock duo of keytarist Dan Werb and drummer Paul Banwatt has gained a bit of attention lately for track P'iss off of their Z-Side release, a hip-hop-style track that declares that the music media site "doesn't care about black people" and claims it has "content so thin it needs to eat a sandwich." Scandalous at first listen, but nothing but a goof, claims Werb.

"It's not a hate thing," he says during a phone interview from his native town of Vancouver. "We love diss albums and wanted an excuse to sample Kanye West on something and that seemed to be the easiest way."

"Though they do tend to not pay enough attention to underground hip-hop," adds Banwatt. "They have all this extensive coverage of indie rock but whenever they cover rap it's all the mainstream stuff."

Point taken, but the pair argues that P'iss is far too jokey to be included on their latest release, Remorsecapade. The third full-length in the canon aggressively picks up where 2008's critically acclaimed Heart Attack left off, this time with a balance of coked-up (Just an adjective!) momentum of gritty synths, relentless, sweaty drumming and emotionally invasive balladeering.

"We were trying to push it that much further than we did before," says Werb, a jazz-trained pianist. "We got to a particular place with Heart Attack where we gained a lot of confidence and we could really put ourselves out there musically. So we decided on something a lot more intense, vulnerable and real. But it's still a dance album, after all."

CHRIS FRAMPTON PHOTO

Woodhands play the Opera House Thursday. Details at cmw.net.

Though they still keep it light when they can, as evidenced on their video CP24, which spoofs the local news ticker. "Every town's got that really budget kind of news channel," Werb says.

One of the blurbs under the footage of robots storming the city declares Prime Minister Stephen Harper will resign from government (if only, some might argue), but his eyes will stick around.

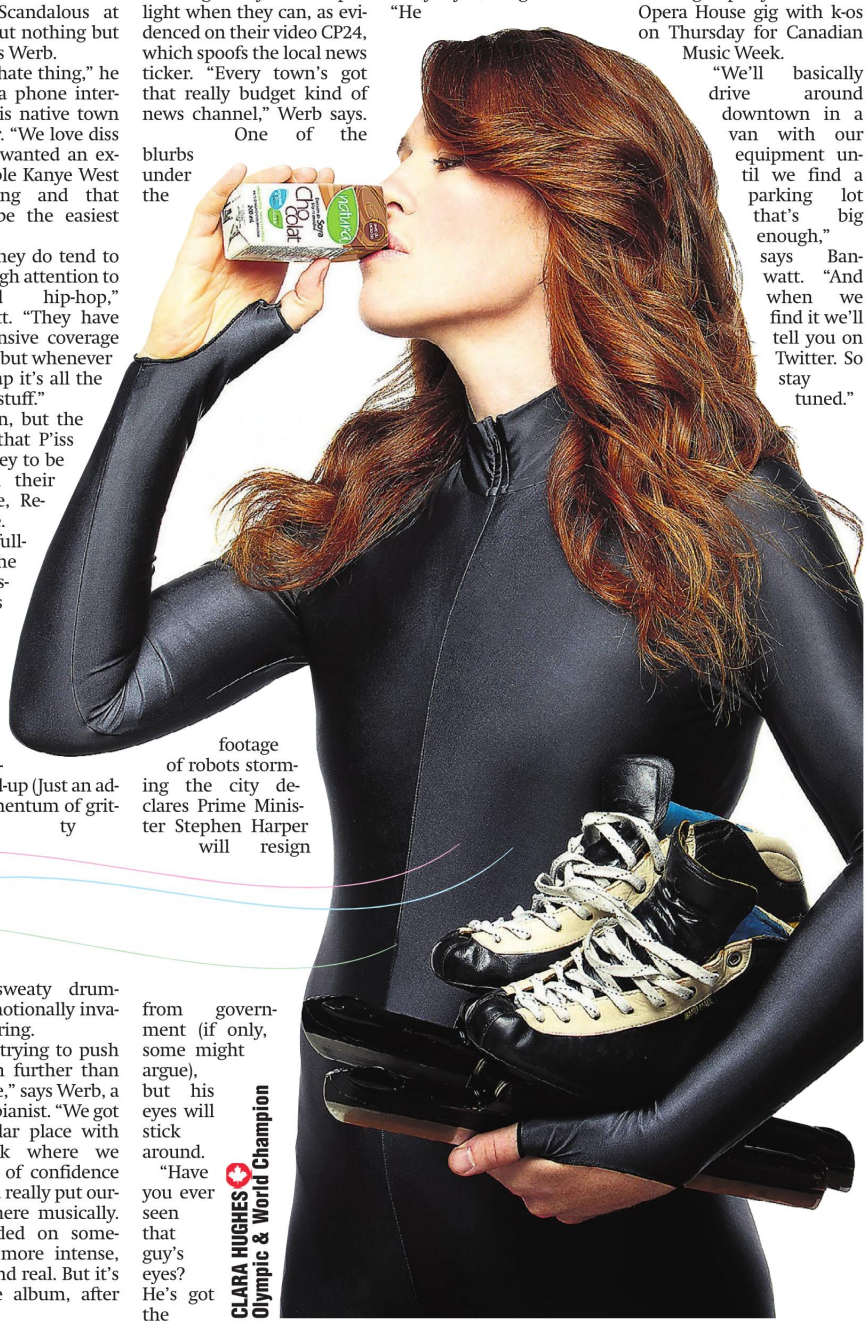
"Have you ever seen that guy's eyes? He's got the crazy eyes," argues Werb. "He looks like a young Emperor Palpatine. They should become a national symbol, like beavers or Tim Hortons or something."

On the subject of eyes, fans should keep theirs on Woodhands' Twitter feed for details about a secret late night party after their Opera House gig with k-os on Thursday for Canadian Music Week.

"We'll basically drive around downtown in a van with our equipment until we find a parking lot that's big enough," says Banwatt. "And when we find it we'll tell you on Twitter. So stay tuned."

Canadian Music Week

Follow Metro Music's live coverage from Canadian Music Week: @TheMetroMusic



CLARA HUGHES
Olympic & World Champion

Fox goes to university

Sweden's Karolinska institute, which awards the annual Nobel Prize in medicine, says it will give an honorary degree of medicine to Canadian actor Michael J. Fox for his work to raise funds and awareness for Parkinson's disease. THE ASSOCIATED PRESS

Fiona to give local fans a little extra love

With a coveted opening act slot on Alicia Keys' current North American tour, which hits the Air Canada Centre Wednesday, Toronto native Melanie Fiona has a message for GTA ticketholders: Come early!

"I go on at 7:30 and most people show up to shows late, for the headliner," said the singer/songwriter. "Be sure to come out and support Canadian, Toronto, homegrown talent. I'm going to try to revamp the Toronto show, because I really want people to feel involved and to feel like the show is catered to them. It is important for me to give home a little extra love, because that's where it all began for me."

Fiona doesn't have to beg; her ascendance since last summer's performance here at the Virgin Festival guarantees interest. She was nominated at the recent Grammy Awards for her goosebumps-rendering ballad It Kills Me, which marked 10 weeks at No. 1 on Billboard's R&B/Hip-Hop chart (until being bumped this week by Robin Thicke).

She's been the guest vocalist on tracks by Wale and KRS-One, was invited to participate in the We Are The World remake for Haiti earthquake relief and her debut, The Bridge, just nabbed a Juno nomination.

She's looking forward to performing her first big Toronto arena show. Relatives and friends are equally amped.

"I'm getting all the calls. Usually, that's a headache, when an artist gets calls from everybody and his mom ... but back home it's exciting. I'm happy to do it if I can pull as many tickets as possible for all my friends and family."

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Penn slams critics
Sean Penn has strong words for those who think he's showing off with his aid to earthquake-ravaged Haiti. In an interview on Sunday Morning on CBS, the actor says he hopes any cynic who dismisses his efforts as a star turn will "die screaming of rectal cancer." THE ASSOCIATED PRESS

When music fans go to the movies

Lennon, Doors highlight CMW film lineup

KEITH CARMAN
for Metro Canada

Canadian Music Week

Given its name, one can understand how Canadian Music Week is generally is seen solely as a music festival. While that is the primary drive, from conferences and awards ceremonies to its ample film spectacle, there are actually many more facets to the longstanding extravaganza running March 10-14.

At that, the film portion is far from miniscule. A two-day event taking place on Friday, March 12 and Saturday, March 13, it offers many premieres, historical favourites and narratives running at two-hour intervals.

Opening at the National Film Board of Canada Mediatheque, Friday's selection of films hones in on two classic rock musicals. At 7 p.m. Walter Hill's 1984 vision Streets Of Fire kicks off the evening with its portrayal of a mercenary (Michael Pare) who struggles to liberate his rock star love (Diane Lane) from a gang of bikers fronted by Willem Dafoe. See if you can catch the multiple musician cameos. Not to be outdone, 1974 rock-opera Phantom of the Paradise ups the ante with its glam-rock take on the legendary Phantom Of The Opera saga courtesy of Brian De Palma.

Shifting over to the Royal Cinema for its day-long engagement, Saturday's program offers and endless spectacle of docs, be they genuine or mockumentary, commencing at 1pm with the international premiere of Seperado!, a film by/revolving around Super Furry Animals frontman Gruff Rhys as he makes the connection between his Welsh ancestry and South American homeland.

Equally stunning and unusual, 3 p.m.'s showing of Michelle Gun Elephant Thee Movie by Shuichi Banba captures the tragic life and tale of its namesake band as they rose from blues-punk garage band to Japanese stars in the 1990s and early naughts.

Seeing its North American introduction, the film pays homage to deceased guitarist Futoshi Abe. Taking the middle 5 p.m. slot is Shane Meadows' fictitious comedy Le Donk and Scor-Zay-Zee, focusing on a laughable roadie who must live up to unattainable promises made to a rapper in order to realize his dreams of grandeur.

Generating the most anticipation, however, are the festival's closing documentaries making their Canadian debuts and offering in-depth looks into musical revolutionists The Doors and John Lennon.

"The film delves into (John Lennon's) abandonment as a youth and focusses on key events that led him to engage music and eventually form one of the world's most successful rock acts."

Narrated by Johnny Depp, Tom DiCillo's feature-length When You're Strange focuses the life and career of seminal '60s rockers The Doors, boasting new interviews with insiders and rare unearthed footage. Says Depp, "When You're Strange is a meticulously crafted ode to one of music's greatest ensembles ... Jim has been resurrected to remind us that he remains one of the most significant poets to ever grace a stage, while the band behind him kept the music alive, adding fuel to an already raging ride into history."

Closing out the film portion of CMW comes highly-anticipated feature Nowhere Boy, a film by revered photographer Sam Taylor-Wood.

In her hour-and-a-half opus, Taylor-Wood recounts the early struggles of then-fledgling Beatles founder John Lennon. The film delves into his abandonment as a youth and focusing in on key events that led him to engage music and eventually form one of the world's most successful rock acts.

Aaron Johnson stars as a young John Lennon in director Sam Taylor-Wood's new film Nowhere Boy.

CMW Details

- Tickets and wristbands for the Canadian Music Week Film Festival are available online at www.canadianmusicfest.com.

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HBO recruits veterans

Network's new series The Pacific premieres this week

HBO is paying to send 250 veterans to Washington next week to visit the Second World War memorial, coinciding with the networks' premiere of a miniseries about the war.

The 10-part series, The Pacific, starts on the network March 14. It's a drama focusing on the lives of U.S. Marines fighting the Japanese in the aftermath of Pearl Harbor.

The network said Friday it is working with the Honor Flight Network, an organization that pays to transport veterans to the nation's capital. Courteney Monroe, HBO's marketing chief, says that group has more than 9,000 veterans on its waiting list.

The veterans will include a 100-year-old man. Veterans from Baltimore, Boston, Chicago, Cleveland, New York, Philadelphia and Orlando, Fla., will make the trip.

American Airlines is paying to fly veterans from all of the cities except for Baltimore and Philadelphia, where they will be driven. Marriott Hotels&Resorts are putting them up.

The veterans will participate in a wreath-laying ceremony at the Second World War memorial on March 11. It will be filmed for later use on HBO.

The miniseries "is an amazing tribute to veterans overall and reminds us of the sacrifices they've made," Monroe said. "We really wanted to use this opportunity to honour these veterans and thank them for the sacrifices they've made."

Tom Hanks and Steven Spielberg are part of the production team for The Pacific, just as they were for the Band of Brothers miniseries in 2001. At that time, HBO paid to send veterans to Normandy, France, for the premiere of the series at the site of the D-Day invasion.

"This is a great opportunity for a farm boy," said William T. Hay, 85, who served on the USS Enterprise in the South Pacific during the war. Hay, from Chana, Ill., about 160 kilometres west of Chicago, is set to make the trip. Hay said he was a friend of Lt. Commander Edward Henry "Butch" O'Hare, the war hero for whom Chicago's O'Hare International Airport is named.

Still serving, Hay said he's volunteered to help some veterans on the trip who may have trouble getting around.

"I'm still kickin'," he said.

THE ASSOCIATED PRESS

Tom Hanks, above, and Steven Spielberg are part of the production team for The Pacific.

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news		502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National		Mexico's Drug War (N)		National
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family		551	542	25	YTV	iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	To Be Indie	Prank Patrol
		554	544	45	TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
		556	540	51	FAM	Sonny-Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
cable variety		602	567	27	W	Supernanny		How Clean Is	How Clean	Love It or List It		Love It or List It		Confidential
		570	580	29	MM	Secret Life of American Teen		America's Best Dance Crew		Degrassi: TNG	Degrassi: Next	Love Court	Love Court	UR11
		615	520	31	A&E	Criminal Minds (HDTV)		Intervention "Sandra"		Intervention (HDTV)		Hoarders (HDTV)		Paranormal
		700	800	35	TLN	Centrovetrine	Sky TG 24	Carabinieri		Carabinieri		George Lopez	George Lopez	Lopez Tonight
		571	581	36	MMM	The Daily Fix		Ranked!		mmtop10.ca		Behind the Music "Pink"		Gene Simmons
		575	583	38	CMT	Due South		Amer. Funniest Home Videos		According/Jim	According/Jim	Dixie Chicks: Shut Up and Sing		
		616	521	39	SHO	Relic Hunter		*The Party Never Stops* (2007, Drama) Sara Paxton.				Bones (HDTV)		NCIS
		620	523	40	BVO	Bone		Baby Ballroom		Dance of My Heart (N)		In the Shadow of the Blues		Law & Order
		601	562	41	SLC	Rich Bride Poor Bride		Nearly Dead	Newlywed	Tori & Dean-Sweet Hollywood		Love Inc.	Love Inc.	ET Canada
		522	506	43	HIS	Quebec	Ancestors	Greatest Tank Battles		Lost Worlds (HDTV)		Shockwave (HDTV)		Tank Battles
		625	548	44	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	John Oliver's Stand-Up Show		Daily Show
		600	564	46	H&G	House Hunters	Property Virgin	For Rent	Bang, Buck	Home to Flip	Marriage	House Hunters	House Hunters	Holmes/Homes
		294	529	47	TBS	Family Guy	Family Guy	House-Payne	House-Payne	Monica: Still	Monica: Still	Seinfeld	Name Is Earl	Law & Order
		576	582	49	BET	106 & Park	Access	*A Low Down Dirty Shame* ★ (1994, Action), Jada Pinkett				Keyshia Cole	Keyshia Cole	Mo'Nique
		627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		*Manticore* ★ (2005, Science Fiction) Robert Beltran.				Stormworld
		581	566	52	MTV	Peak Season	Cribs	Cribs	Parent Control	Buried	Buried	Buried	MTV Cribs	MTV Live
		618	524	54	TROP	Re-Vamped		Parking Wars	Parking Wars	Flipping Out		Launch My Line		Prod. Parker
		603	561	56	FOOD	Ricardo	David Rocco	Restaurant Makeover		Top Chef Masters		Pitchin' In	Glutton	Restaurant
		261	394	60	V	Murder, She Wrote		Eyes Down	Wait for God	Blue Murder "Lonely"		Unscripted (N)	Archaeologist	Poltergeist
		621	527	63	STR	Look-A-Like	TMZ	The Ellen DeGeneres Show		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
		553	546	65	TRE	Backyardigans	Night Garden	Waybuloo	Max & Ruby	Franklin	Bucket-Dinos	Little Bear	Toopy & Binoo	Max & Ruby
		526	507	249	VIVA	Cold Case "Torn"		Missing "Truth or Dare"		The Closer "Ruby"		Cold Case "Torn"		Mediums
		300	601	301	M1	(6:15) *Coraline* (2009)		Sanctuary "Folding Man"		Spartacus: Blood and Sand		Diary-Cali Girl	Tracey Ullman	Spartacus
		305	612	306	PIX	*Shane*	(7:20) *Hollywood North* (2003, Comedy)			*And Now for Something Completely Different*			*Four Days* ★★★ (1999)	
		520	146	-	DISC	Daily Planet (N)		MythBusters		Dirty Jobs "Worm Grunter" (N)		Motor City Motors (N)		Daily Planet
		637	-	-	TVLND	Red Green	Red Green	Fantasy Island		Hart to Hart		Andy Griffith	Phil Silvers	Bizarre
		605	-	-	FASH	First Class All the Way		RAW	RAW	RAW	RAW	Designer Marathon		Designer

It may not be of the 'child' variety, but support is support, right?
Dancing with the Stars hasn't even started but contestant Kate Gosselin already has one fan: her ex. "Congratulations to Kate for joining the new season of DWTS. I am thrilled for her. She has my support and vote," Jon Gosselin Tweeted, tvguide.com reports. METRO NEWS SERVICES

Celebrity Buzz

This time it will be different

WHY DOES THAT SOUND LIKE A LINE? OH RIGHT, BECAUSE IT USUALLY IS Sienna Miller — who reconciled her romance with actor Jude Law at the end of last year while they were both staring in theatre productions on New York's Broadway — has reportedly agreed to travel back to the U.S. to stay with the Alfie star while he works on his new movie Contagion, femalefirst.co.uk reports.

"Sienna is determined to make it work with Jude this time," a source told the Mail on Sunday newspaper.

"She doesn't want to let him out of her sight. She loves him and wants them to stay together, so she is prepared to move wherever he is."

It was recently claimed that 37-year-old Law — who saw his engagement to Miller, 28, end in 2005 when he slept with his children's nanny — has asked the actress to move into his London home.

While the Factory Girl star agreed, cautious Miller has insisted on keeping her own house in case things go wrong again.

A source said: "Jude has promised there will be no affairs and Sienna demands total honesty."

METRO WORLD NEWS

Messing with a teenage heart

MAKES YOU THE STAR OF HUNDREDS AND HUNDREDS OF VERSIONS OF THE SAME SONG Country star Taylor Swift, 20, has warned ex-boyfriend Joe Jonas to expect more songs about their failed romance — because the heartbreak has provided her with "albums" full of material, femalefirst.co.uk reports.

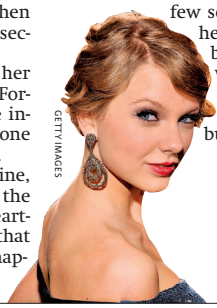
The You Belong With Me hitmaker dated the Jonas Brothers' singer for several months in 2008 — but she was left devastated when he dumped her in a 27-second phone call.

Swift poured out her emotions in her song Forever & Always, but she insists she's not quite done targeting Jonas just yet.

She tells Elle magazine, "I like to categorize the various levels of heartbreak. I've only had that (level of heart break) happen once.

"A letdown is worth a few songs. A heartbreak is worth a few albums."

METRO WORLD NEWS



GETTY IMAGES

She's taking it nice and slow

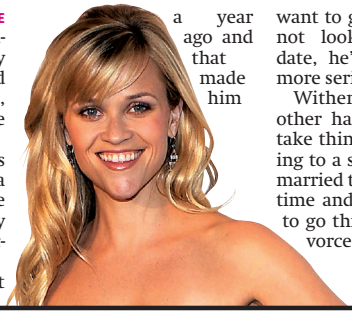
WHILE HE'S PICKING OUT THE CHINA Things are reportedly getting serious quickly for Reese Witherspoon and new boyfriend Jim Toth, but is too quick for the Legally Blonde star?

Toth's ex-girlfriend says the CAA talent agent is a "nice guy, but he can be needy and is definitely looking to settle down," according to In Touch.

"He lost his father about a year ago and that made him want to get married. He is not looking to casually date, he's looking to get more serious."

Witherspoon, on the other hand, is looking to take things slowly, according to a source: "Reese got married too young the first time and she never wants to go through another divorce again."

METRO WORLD NEWS



A rolling stone of love

OR IS IT SHE ROLLED A STONE WITH HER LOVE? Angelina Jolie and Mick Jagger reportedly had an affair while they were both in previous marriages, according to a new book.

Jagger, who was married to Jerry Hall at the time, met Jolie on the set of the Rolling Stones' 1997 video for Anybody Seen My Baby? Jolie was then married to Johnny Lee Miller.

The book, Brad Pitt And Angelina Jolie: The True Story, also alleges that Jolie's other famous conquests before settling down with Brad Pitt included Ralph Fiennes and Colin Farrell, whom she had to dump because of his drinking.

METRO WORLD NEWS

Don't drink and spin

IT ENDS UP LOOKING LIKE A CAR CRASH — MESSY AND TRAGIC Lindsay Lohan took a stab at a new career while in London — and things didn't go so well, according to Radar Online.

The actress served as guest DJ at a Nokia launch party and reportedly turned in a rather poor performance.

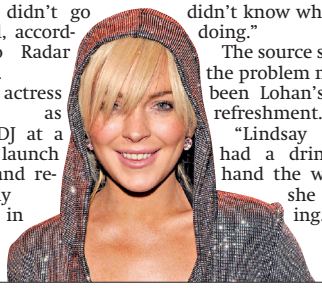
"It was really embarrassing to watch," a partygoer tells the website.

"You could tell she didn't know what she was doing."

The source says part of the problem might have been Lohan's need for refreshment.

"Lindsay constantly had a drink in her hand the whole time she was playing."

METRO WORLD NEWS



Too old for the young roles

TOO YOUNG FOR THE OLD ONES. CAN YOU HEAR THE SCREAM OF HER HURT PRIDE? Nicole Kidman has lost a job to an actress 25 years younger than her, as Disney star Selena Gomez has been tapped to star in Monte Carlo instead of Kidman, according to Variety.

The film, based on the book Headhunters, is about a trio of American women passing themselves off as wealthy while on vacation in Europe.

Kidman was set to star until producers decided the story should take a younger tack. Gossip Girl star Leighton Meester may also star.

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

KEVIN SMITH has very wholesome guilty pleasures, **JUSTIN BIEBER** looks back over his career, **TYRA BANKS** is starstruck, and **ELLEN DEGENERES** explains her wardrobe repeat.

@ThatKevinSmith True Confession: Thanks to a high school girlfriend, I have every Amy Grant Christian music album from self titled debut to Heart in Motion.

@justinbieber this all started singing on Youtube in my room. Cant believe its been 2 years

@tyrabanks My mama and I just met Morgan Freeman. Total groupie moment! We are in Shawshank heaven!!!

@TheEllenShow I'm wearing the same thing today that I wore on last nights Idol, but don't get any ideas about me and Simon. Ryan & I had a slumber party.

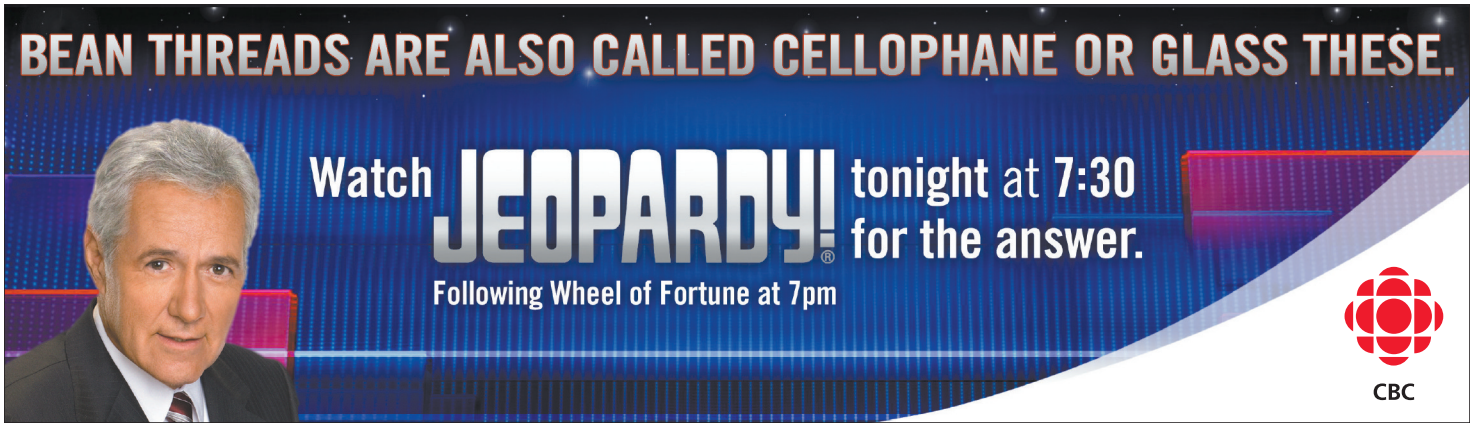
METRO NEWS SERVICES

Billy ain't got no Love

AND ABYSS IS THE NEW HOLE Courtney Love is set to mount a comeback with new material for her band, Hole, but one person isn't thrilled by that idea.

"It would be a real big problem, because I haven't given my permission," Billy Corgan, who worked on the material with Love, tells Rolling Stone about the prospect of Love releasing the new songs. "I have no interest in supporting her in any way, shape or form. You can't throw enough things down the abyss with a person like that."

METRO WORLD NEWS



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Today Sunny 11°/0° Tuesday Sunny 9°/-1° Wednesday Sunny 7°/0°

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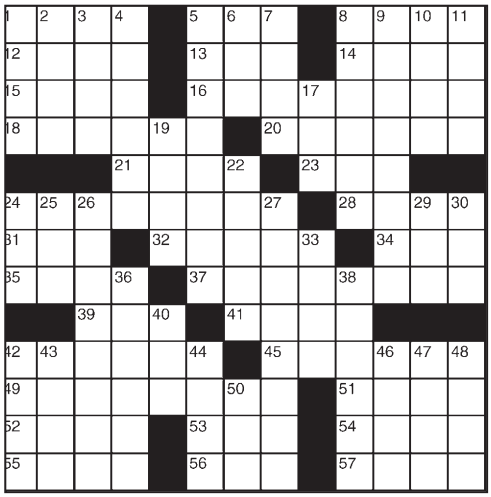
Take Five

For more delicious Metro recipes, visit: metronews.ca/food



ACROSS

1 Refuse abruptly
5 Brooch
8 Actress Sorvino
12 Hodgepodge
13 Salt Lake tribe member
14 Blackbirds
15 Dregs
16 AAA vehicle
18 Shoe style
20 Ponders
21 String instrument
23 Conclusion
24 Rope contest
28 Facility
31 Exist
32 Georgia of "The Mary Tyler Moore Show"
34 Dead heat
35 Hostels
37 Ice cream parlor worker
39 Conger, for one
41 — gin fizz
42 Painter or sculptor
45 Sent forth
49 Important thoroughfare
51 Salver
52 Formerly
53 "This tastes awful!"
54 Being, to Brutus
55 Smooch
56 Chow down
57 "Phooey!"

DOWN

1 Thin neckwear
2 Rodriguez or Trebek
3 Willing, old-style
4 Balkan land
5 Insults
6 Judge Lance
7 Mr. Gingrich
8 Leatherneck
9 Flood
10 "Casablanca" role
11 Inquires
17 Definite article
19 Abundant
22 Former capital of Nigeria
24 Mai — (cocktail)
25 Coffee shop vessel
26 Watson and Crick's field
27 "Stop" signal
29 Ma'am's counterpart
30 "A mouse!"
33 Asian nation
36 Nets
38 Royal clown
40 Hallucinogen letters
42 Out of control
43 Hindu princess
44 Verifiable
46 — Major
47 Into the sunrise
48 Coloring agents
50 — Khan

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

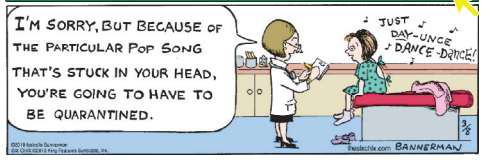
4		6				9		2
	5		1		3		8	
8			9		4			5
		2	3		1	7		
		7	5		2	8		
2			8		9			3
	1		2		7		9	
3		8				4		7

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

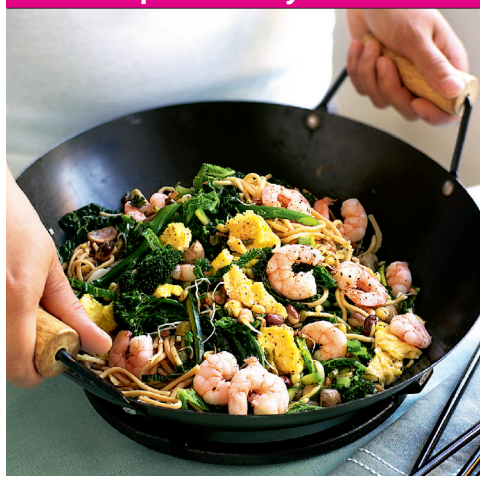
4	3	6	7	5	8	9	1	2
7	5	9	1	2	3	6	8	4
8	2	1	9	6	4	3	7	5
5	6	2	3	8	1	7	4	9
9	8	3	4	7	6	2	5	1
1	4	7	5	9	2	8	3	6
2	7	5	8	4	9	1	6	3
6	1	4	2	3	7	5	9	8
3	9	8	6	1	5	4	2	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Chinese Shrimp and Bean Sprouts

INGREDIENTS:

200 g egg noodles
2 tsp toasted sesame oil
3 tbsp canola oil
small bunch of scallions, chopped
2 large garlic cloves, crushed
1 fresh green chili pepper, halved, seeded and sliced
250 g package stir-fry vegetables
1 1/4 cups chicken stock
150 g button mushrooms, sliced
150 g fresh bean sprouts
2 tbsp soy sauce
300 g cooked, peeled jumbo shrimp
3 eggs, beaten

METHOD:

1. Soak or cook noodles according to package instructions. Drain, then toss with sesame oil and set aside.
2. Heat wok or large pot with 4 tsp vegetable oil and stir-fry scallions, garlic, chili pepper and packaged vegetables 3 minutes. Stir in stock and boil. Add mushrooms and bean sprouts. Cook 2-3 minutes.
3. Stir in soy sauce; add shrimp and cook 1-2 minutes if fresh, 3 minutes if frozen. Toss in noodles and reheat thoroughly.
4. Heat remaining oil in small pan. Season eggs and pour into pan. Fry, gently stirring to scramble eggs slightly, until lightly set into large, soft curds. Mix into noodles and serve immediately.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Why fear the unknown? You're an Aries. You're adventurous. Do something today that reminds you, and everyone else, of that fact.

TAURUS ♉
APRIL 21-MAY 21
Friends and relatives will help you out in any way they can today but their efforts will only be successful if you spell out for them what it is that you need.

GEMINI ♊
MAY 22-JUNE 21
If you've got that Monday morning feeling get rid of it by throwing yourself into some kind of creative activity. Make sure it is something you enjoy.

CANCER ♋
JUNE 22-JULY 22
You may have strong opinions about the issues of the day but you are deluding yourself if you think you can convince other people to change their beliefs.

LEO ♌
JULY 23-AUG 23
You will be somewhat emotional today, which in itself is no bad thing but it could lead you into making decisions that are not in your best interests.

VIRGO ♍
AUG 24-SEPT 22
Resist the urge to start anything new. Your existing commitments are enough to be going on with.

LIBRA ♎
SEPT 23-OCT 23
Make the most of Venus in your opposite sign to relax and unwind and, above all, to heal rifts with loved ones. Take your pleasures where you find them.

SCORPIO ♏
OCT 24-NOV 22
If you allow your emotions to rule you will come up with the wrong solution to a question that should pose no difficulties at all.

SAGITTARIUS ♐
NOV 23-DEC 21
Stick to what you do best or you may find yourself out of your depth and out of favor with important and influential people.

CAPRICORN ♑
DEC 22-JAN 20
It's okay to be assertive, even aggressive, in defense of your interests, but it's wrong to assume that everyone is going to be trying to cheat you.

AQUARIUS ♒
JAN 21-FEB 18
It is part of your nature to swim against the tide, to do what everyone else says cannot, or should not, be done, so go ahead and push the boundaries.

PISCES ♓
FEB 19-MARCH 20
When nothing goes right today console yourself with the knowledge that the Sun in your sign will make sure everything works out for the best.

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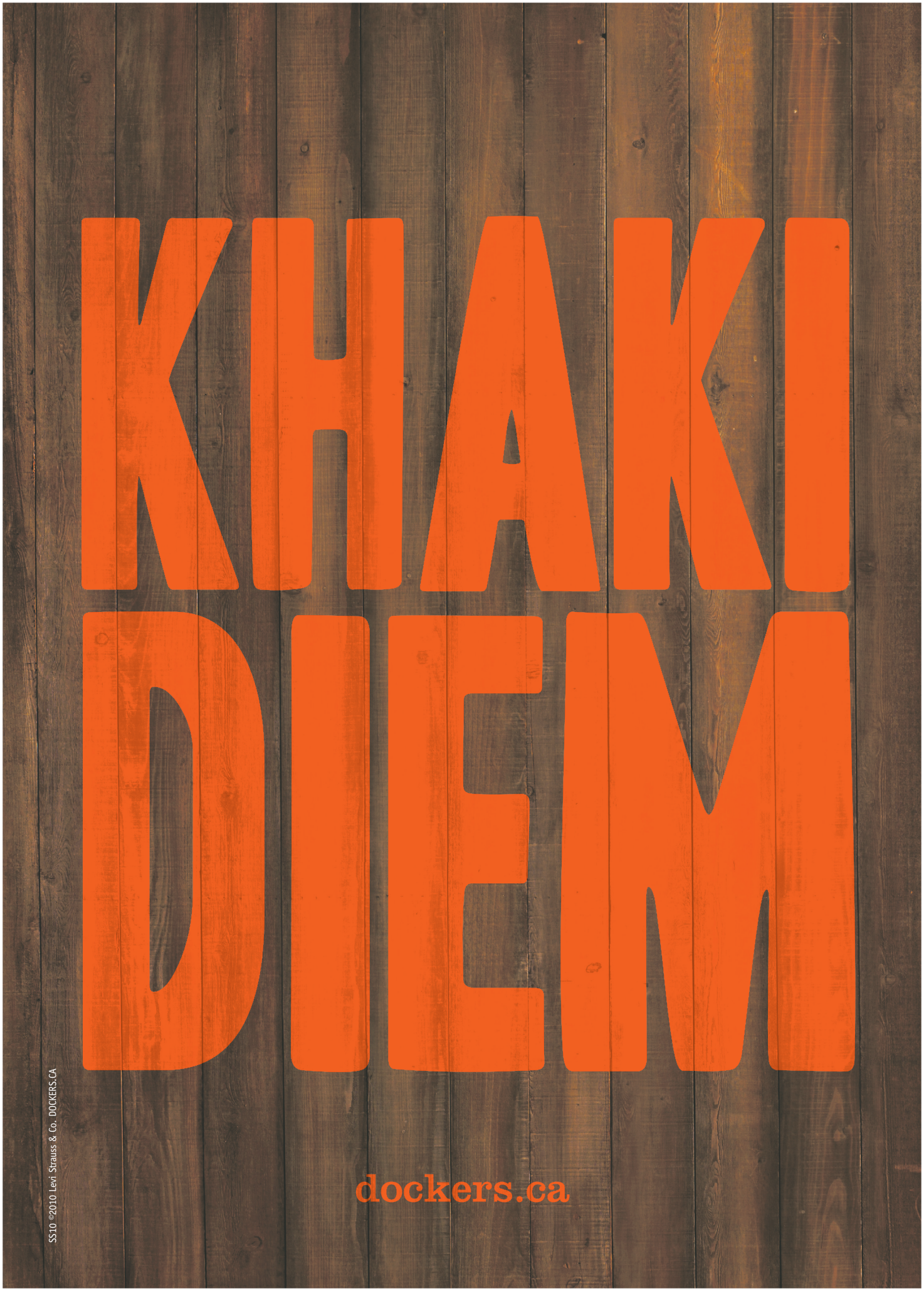
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